

## Directions

For comprehensive directions and maps, go to:  
[www.postgraduatecenter.org](http://www.postgraduatecenter.org)

## Policy Notes


You may transfer 100% of your registration fee to another program within the 2008-2009 Continuing Education Workshop schedule, provided you notify the Post-Graduate Center at least 7 days prior to the workshop. Participants who cancel a course and do not apply their fee to another program will be granted a 50% refund. Participants who do not advise the Post-Graduate Center office in advance of their absence or notify us less than 7 days prior to the workshop for which they are registered will forfeit 100% of their fee. The Post-Graduate Center reserves the right to substitute an appropriate speaker for a given program without notice in the event of rare extenuating circumstances. If a program must be cancelled by the Post-Graduate Center due to inclement weather or other unforeseen circumstance, full refunds will be granted. There is a \$10 fee to replace lost CE certificates.

## Upcoming Events

- 10/17 Renovating One's Life: Cognitive and Behavioral Treatment Tools for Trauma & Loss  
*Stephen DiJulio, PhD*
- 10/24 The Heart of the Matter: Concepts & Techniques of Child Sexual Abuse Psychotherapy  
*Constance Pelesh, MA & Panel*
- 11/07 The Wechsler Adult Intelligence Scale: Introducing the Fourth Edition  
*Gloria Maccow, PhD (Pearson, Inc.)*
- 11/08 15th Annual Irving Schulman Symposium  
The Dependent Patient: Diagnosis, Assessment, and Treatment  
*Robert Bornstein, PhD*
- 11/14 Trauma in the African-American Community: A Culturally Enhanced Perspective  
*Christina Gallman, PsyD*
- 11/21 Lions and Tigers and Bears: The Multi-Systems Complexity of Child Sexual Abuse  
*Anthony Goldsmith, MA, Mary Hove, MS, & Panel*
- 12/05 Bearing the Unbearable: Understanding the Complexity of Trauma  
*Barbara Goldsmith, PsyD*

## The Post-Graduate Center

For the most up-to-date information on all of our CE programs visit: [www.postgraduatecenter.org](http://www.postgraduatecenter.org)

 **Widener University**  
The Post-Graduate Center  
Institute for Graduate Clinical Psychology  
One University Place, Chester, PA 19013



**Widener University**

The Post-Graduate Center  
Institute for Graduate Clinical Psychology

Distinguished Lecture

## *Family Treatment for Substance Abuse*

**M. Duncan Stanton, PhD**

Tuesday, October 14, 2008

9:00 a.m. – 12:00 p.m.

Registration begins at 8:30

Alumni Auditorium  
Widener University  
One University Place  
Chester, PA 19013

Visit our website at  
[www.postgraduatecenter.org](http://www.postgraduatecenter.org)  
for the most up-to-date information on  
all of our CE programs

3 CE credits will be offered to participants completing post-workshop forms. The Institute for Graduate Clinical Psychology, Widener University, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University maintains responsibility for the program and its contents.

## Workshop Description

This workshop will cover a number of clinical methods and research findings regarding family treatment for substance abuse (SA). These will include: (a) Studies of living arrangements and family contacts of drug and/or alcohol abusers; (b) Clinical principles for working with families of SA's, including dealing with the (usually unexpected) deaths and losses that such families frequently have undergone, and how those can often precipitate SA; (c) The use of social networks in the treatment effort; and (d) A summary of the randomized clinical trials which have examined family-couples treatment for SA, plus results from a recent outcome study with alcohol abusing/dependent adolescents.

## Objectives

Participation in this program will enable you to:

- Develop a better understanding of (a) the commonly observed close family ties, and (b) the family behavioral sequences and dynamics that attend the onset, cessation, and recurrence of substance abuse.
- Add to your repertoire of clinical techniques that are effective with such cases.
- Appreciate the value of including larger systems in the treatment effort
- Expand your knowledge of the randomized controlled trial outcome research on family/couples therapy for drug and/or alcohol abusers.

## Recommended Readings

Stanton, M. D., & Heath, A. W. (2005). Family-based treatment: Stages and outcomes. In R. J. Frances, S. I. Miller, & A. H. Mack (Eds.), *Clinical textbook of addictive disorders: Third edition* (pp. 528-558). New York: Guilford Press.

Stanton, M. D., & Heath, A. W. (2005). Family/couples approaches to treatment engagement and therapy. In J. H. Lowinson, P. Ruiz, R. B. Millman, & J. G. Langrod (Eds.), *Substance abuse: A comprehensive textbook* (4th ed., pp. 680-690). Baltimore: Lippincott Williams & Wilkins.

Stanton, M. D., Todd, T. C., & Associates (1982). *The family therapy of drug abuse and addiction*. New York: Guilford Press.

## Our Presenter



### M. Duncan Stanton, Ph.D.

Dr. Stanton is an international authority on the family aspects of substance abuse who served as a consultant to The White House for 4 years. Frequently cited or interviewed by magazines such as *Newsweek*, *Time*, *Cosmopolitan*, *Family Circle*, and *Psychology Today*, and by numerous newspapers such as *The New York Times* and *The Washington Post*, his work has also been featured in the TV/radio media, such as "The CBS Evening News." He has given over 500 invited workshops and presentations in 27 countries on five continents, served as a Fulbright Visiting Scholar in Argentina, and is included in the Marquis *Who's Who in Medicine and Healthcare*, *Who's Who in Science and Engineering*, *Who's Who in America*, and *Who's Who in the World*.

Both a clinician (ABPP, AAMFT Approved Supervisor), and researcher, Dr. Stanton was full-time faculty at U. Penn from 1972-83, with appointments at the Philadelphia Child Guidance Clinic (where he was a Senior Trainer and Director of Research) and the VA Medical Center. He subsequently directed the Division of Family Programs at the University of Rochester School of Medicine, later becoming a Dean and Vice-President at Spalding University, where he is now Professor Emeritus of Psychology. Author of 150+ publications, and a Fellow in 5 APA Divisions, Dr. Stanton has received 10 awards from national organizations, including AFTA's "Distinguished Contribution to Family Systems Research" (1997), a "Presidential Citation" from APA (2001), and AAMFT's "Cumulative Contribution to Family Therapy Research Award" (2003). Presently he directs—at The Morton Center in Louisville, Kentucky—an NIH/NIAAA clinical trial on the treatment of alcohol abusing/dependent adolescents.

## Registration

Family Treatment for Substance Abuse  
M. Duncan Stanton, Ph.D. | 10.14.08

Name/Title: \_\_\_\_\_  
Print Clearly or Type

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone (day): \_\_\_\_\_

- \$65 for Professionals
- \$60 for Widener Alumni
- \$55 for Widener Alumni Chapter Members
- \$25 for Students
- Free for Widener IGCP Students

\* Fees are nonrefundable after October 7, 2008. See Policy Notes. \*

### Form of Payment

- Check/Money Order (payable to *Widener University*)
- Credit Card:  Visa  MasterCard

Name as it appears on the card:

Acct #: \_\_\_\_\_

Name on card: \_\_\_\_\_

Expiry date: \_\_\_\_\_

Signature (necessary for processing)

\_\_\_\_\_

Please make checks payable to *Widener University* and mail to:

The Post-Graduate Center  
Institute for Graduate Clinical Psychology  
Widener University  
One University Place  
Chester, PA 19013

e-mail: [clinicalpsychologypgc@mail.widener.edu](mailto:clinicalpsychologypgc@mail.widener.edu)  
tel: 610.499.1083 | fax: 610.499.4625

*Feel free to duplicate this form as needed for additional registrations.*

For extra brochures, registration forms, and information on all our workshops, visit our website at: [www.postgraduatecenter.org](http://www.postgraduatecenter.org)

Confirmation of registration will not be sent.