

Irving Schulman, Ph.D.

To read Dr. Irving Schulman's extensive curriculum vitae is to see the impact he had on the field of psychology. To have known Dr. Schulman was to know a man who had a tremendous influence intellectually, professionally, and emotionally on people's lives.


An adjunct associate professor in Widener's Institute for Graduate Clinical Psychology, Dr. Schulman died January 20, 1993, at the age of 71. During his 40 years in the field of psychology, Dr. Schulman became renowned for his work in the areas of self-psychology and treatment of emotionally disturbed children, but he was first a teacher, having trained hundreds of psychologists and mental health professionals during his career.

Dr. Schulman received his bachelor's (1948), master's (1949), and doctoral (1953) degrees in psychology from New York University. After graduate school, Dr. Schulman took a position as chief clinical psychologist at the Child Study Center of Philadelphia, an outpatient treatment center for emotionally disturbed children and their parents. After 10 years at the Child Study Center, Dr. Schulman accepted the position of co-director, and eventually director, of the Philadelphia Psychiatric Center's Institute for Children and Youth. In 1979, after sixteen years at the institute, Dr. Schulman accepted a faculty position with the Institute for Psychoanalytic Psychotherapy in Philadelphia and also took on the duties of director of the Center for Guidance Services, an outpatient psychological, diagnostic, and treatment center in Bala Cynwyd, Pennsylvania.


In 1984, Dr. Schulman accepted an associate professorship with Hahnemann University and later moved with the program to Widener University in 1990, where he stayed until his death. Throughout his career, Dr. Schulman maintained a private practice diagnosing and treating children, adolescents, and adults.

Dr. Jules C. Abrams, the founding director of Widener's Institute for Graduate Clinical Psychology, said Dr. Schulman's contributions to the institute were many and have been sorely missed. "Irving earned the respect and admiration of his students and colleagues," Abrams said. "He gave much more than just the time for his courses and frequently would have his students over to his home. He was a very giving person."

Joan Lavender ('90) remarked, "We were fortunate to have had the opportunity to learn from the elder generation of classically trained analysts who had the foresight to integrate self-psychology principles into their work. Now, amidst the havoc of managed care, it is even more important to hold onto my appreciation of the irreducible complexity and subtlety involved in the psychotherapy process."

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The 15th Annual
Irving Schulman Symposium

***The Dependent Patient:
Diagnosis, Assessment,
and Treatment***

Robert F. Bornstein, PhD

Saturday, November 8, 2008

9:00 a.m. – 12:00 p.m.

Registration begins at 8:30

Webb Room | University Center
Widener University
One University Place
Chester, PA 19013

3 CE credits will be offered to participants completing post-workshop forms. The Institute for Graduate Clinical Psychology, Widener University, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University maintains responsibility for the program and its contents.

Workshop Description

Dependent psychotherapy patients are often compliant and eager to please, but they also bring certain challenges to treatment that less dependent patients do not (e.g., frequent pseudo-emergencies, termination difficulties). This presentation reviews research and clinical writing on effective therapeutic work with dependent patients. An empirically-derived life span model of interpersonal dependency and dependent personality disorder (DPD) is first described, along with the impact of gender, culture, and age on the expression of dependent personality traits. Following an overview of the DSM-IV-TR DPD criteria, well-validated interview, questionnaire, and projective instruments for assessing interpersonal dependency are reviewed. Treatment issues in therapeutic work with dependent patients are discussed in detail, emphasizing four domains (cognitive, affective, motivational, behavioral) where interventions may be targeted. A broad range of therapeutic strategies are outlined, with each strategy linked to the psychological domains shown to be most effective.

Objectives

Participation in this program will enable you to:

- Understand the evolution of dependent personality traits across the life span
- Describe differences between healthy and pathological manifestations of interpersonal dependency
- Assess dependent personality traits and symptoms in various patient groups
- Implement treatment strategies for therapeutic work with dependent patients

Discussants

Alla Gordon, MA, MS is a fifth year doctoral candidate at the Widener's Institute for Graduate Clinical Psychology (IGCP). Her dissertation focuses on comparing dependent measures in psychodynamic and non-psychodynamic outcome research.

Joseph G. Schaller, PsyD is in private practice in Wayne, PA, working with adults, adolescents and children. A 1999 IGCP graduate, he is now a candidate in the Institute for Relational Psychoanalysis of Philadelphia. Dr. Schaller is currently Past-President of the Philadelphia Society for Psychoanalytic Psychology and President of Section IV in Division 39 of APA.

Our Presenter



Robert F. Bornstein received his PhD in Clinical Psychology from the State University of New York at Buffalo in 1986 and is Professor of Psychology at Adelphi University. Dr. Bornstein has published numerous articles and book chapters on personality dynamics, assessment, and treatment. He wrote *The Dependent Personality and The Dependent Patient: A Practitioner's Guide*, co-authored (with Mary Languirand) *When Someone You Love Needs Nursing Home Care* and *Healthy Dependency*, and co-edited (with Joseph Masling) seven volumes of the *Empirical Studies of Psychoanalytic Theories* series, as well as *Scoring the Rorschach: Seven Validated Systems*. Dr. Bornstein is a Fellow of the American Psychological Association, Association for Psychological Science, and Society for Personality Assessment; his research has been funded by grants from the National Institute of Mental Health and National Science Foundation. Dr. Bornstein received the Society for Personality Assessment's 1995, 1999, and 2002 awards for Distinguished Contributions to the Personality Assessment Literature, and received the Division 12/American Psychological Foundation 2005 Theodore Millon Award for Excellence in Personality Research.

Upcoming Events

- 11/14 Trauma in the African-American Community: A Culturally Enhanced Perspective
Christina Gallman, PsyD
- 11/21 Lions and Tigers and Bears: The Multi-Systems Complexity of Child Sexual Abuse
Anthony Goldsmith, MA & Mary Hove, MS
- 12/05 Bearing the Unbearable: Understanding the Complexity of Trauma
Barbara Goldsmith, PsyD

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The Dependent Patient:
Diagnosis, Assessment, and Treatment
Robert F. Bornstein, PhD | 11.08.08

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- \$25 for Students
- Free for IGCP Students

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