

## Irving Schulman, Ph.D.

To read Dr. Irving Schulman's extensive curriculum vitae is to see the impact he had on the field of psychology. To have known Dr. Schulman was to know a man who had a tremendous influence intellectually, professionally, and emotionally on people's lives.

An adjunct associate professor in Widener's Institute for Graduate Clinical Psychology, Dr. Schulman died January 20, 1993, at the age of 71. During his 40 years in the field of psychology, Dr. Schulman became renowned for his work in the areas of self-psychology and treatment of emotionally disturbed children, but he was first a teacher, having trained hundreds of psychologists and mental health professionals during his career.

Dr. Schulman received his bachelor's (1948), master's (1949), and doctoral (1953) degrees in psychology from New York University. After graduate school, Dr. Schulman took a position as chief clinical psychologist at the Child Study Center of Philadelphia, an outpatient treatment center for emotionally disturbed children and their parents. After 10 years at the Child Study Center, Dr. Schulman accepted the position of co-director, and eventually director, of the Philadelphia Psychiatric Center's Institute for Children and Youth. In 1979, after sixteen years at the institute, Dr. Schulman accepted a faculty position with the Institute for Psychoanalytic Psychotherapy in Philadelphia and also took on the duties of director of the Center for Guidance Services, an outpatient psychological, diagnostic, and treatment center in Bala Cynwyd, Pennsylvania.

In 1984, Dr. Schulman accepted an associate professorship with Hahnemann University and later moved with the program to Widener University in 1990, where he stayed until his death. Throughout his career, Dr. Schulman maintained a private practice diagnosing and treating children, adolescents, and adults.

Dr. Jules C. Abrams, the founding director of Widener's Institute for Graduate Clinical Psychology, said Dr. Schulman's contributions to the institute were many and have been sorely missed. "Irving earned the respect and admiration of his students and colleagues," Abrams said. "He gave much more than just the time for his courses and frequently would have his students over to his home. He was a very giving person."

Joan Lavender ('90) remarked, "We were fortunate to have had the opportunity to learn from the elder generation of classically trained analysts who had the foresight to integrate self-psychology principles into their work. Now, amidst the havoc of managed care, it is even more important to hold onto my appreciation of the irreducible complexity and subtlety involved in the psychotherapy process."

 **Widener University**  
The Post-Graduate Center  
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One University Place, Chester, PA 19013

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**Widener University**

The Post-Graduate Center  
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The 16th Annual  
Irving Schulman Symposium

***Transference Focused  
Psychotherapy: Overview &  
Update***

**Otto Kernberg, M.D**

Saturday, November 7, 2009

9:00 a.m. – 12:00 p.m.

Registration begins at 8:30

Alumni Auditorium

Widener University

One University Place

Chester, PA 19013

3 CE credits will be offered to participants completing post-workshop forms. The Institute for Graduate Clinical Psychology, Widener University, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University maintains responsibility for the program and its contents.

## Policy Notes

**Cancellation Policy:** You may transfer 100% of your registration fee to another program within the 2009-2010 Continuing Education Workshop schedule, provided you notify the Post-Graduate Center at least 7 days prior to the workshop. Participants who cancel a course and do not apply their fee to another program will be granted a 50% refund. Participants who do not advise the Post-Graduate Center office in advance of their absence or notify us less than 7 days prior to the workshop for which they are registered will forfeit 100% of their fee. The Post-Graduate Center reserves the right to substitute an appropriate speaker for a given program without notice in the event of rare extenuating circumstances. If a program must be cancelled by the Post-Graduate Center due to inclement weather or other unforeseen circumstance, full refunds will be granted. There is a \$10 fee to replace lost CE certificates.

## Workshop Description

This presentation will summarize the theory and technique of transference focused psychotherapy, a specific psychodynamic therapy for severe personality disorders. It will review indications and contra-indications for this therapy, the initial contract setting, transference and counter-transference management, and the technical approach to each session. Complications that develop frequently with these cases will be explored, and their treatment reviewed. The underlying theory of psychoanalytic object relation theory will be related specifically to the strategies, tactics and techniques of this treatment.

## Objectives

Participation in this program will enable you to:

- Understand the theory and technique of Transference Focused Psychotherapy
- Evaluate the indications and contraindications for psychotherapy of severe personality disorders.
- Learn how to manage transference and counter-transference with borderline patients.

## Post-Graduate Center

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## Our Presenter



### Otto Kernberg, M.D

Dr. Kernberg, is Director of the Personality Disorders Institute at The New York Presbyterian Hospital, Westchester Division and Professor of Psychiatry at the Weill Medical College of Cornell University. He is also a Past-President of the International Psychoanalytic Association and Training and Supervising Analyst of the Columbia University

Center for Psychoanalytic Training and Research. He has served as Director of the C.F. Menninger Memorial Hospital, Supervising and Training Analyst of the Topeka Institute for Psychoanalysis, and Director of the Psychotherapy Research Project of the Menninger Foundation. Dr. Kernberg was also Director of the General Clinical Service of the New York State Psychiatric Institute, and Professor of Clinical Psychiatry at the College of Physicians and Surgeons of Columbia University. In 2007 he received the Golden Medal of Honor to the City of Vienna, and the Thomas William Salmon Medal from the New York Academy of Medicine, New York, New York. A true luminary, Dr. Kernberg has authored nine books and co-authored fifteen others.

## Discussants

*Karen Dias, MA*, is a fourth year doctoral candidate at Widener University's Institute for Graduate Clinical Psychology (IGCP). Her dissertation examines first-generation college students' negotiation of class identity, social mobility and belonging at elite liberal arts colleges.

*Alla Gordon, Psy.D.*, is a recent Widener graduate and is currently a candidate in the Adult Psychoanalytic program of the Institute of the Psychoanalytic Center of Philadelphia.

## Upcoming Events

- 11/20 Lions and Tigers and Bears: The Multi-Systems Complexity of Child Sexual Abuse  
*Anthony Goldsmith, MA & Mary Hove, MS*
- 12/04 The Core Knowledge of Early Childhood Mental Health  
*Elizabeth Bogado Briganti, Psy.D*

## Registration

Transference Focused Psychotherapy  
Otto Kernberg, M.D. | 11.07.09

Name/Title: \_\_\_\_\_  
Print Clearly or Type

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

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- \$75 for Professionals
- \$60 for Widener Alumni/IGCP Supervisors
- \$55 for Widener Alumni Chapter Members
- \$25 for Students
- Free for IGCP Students

\* Fees are nonrefundable after October 31, 2009. See Policy Notes. \*

### Form of Payment

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