



**The Post-Graduate Center**  
**Institute for Graduate Clinical Psychology**  
**Widener University**  
**www.postgraduatecenter.org**

*Cultivating Ideas.*

**Fall 2009 Workshops**

Loss and Traumatic Stress, Child Sexual Abuse Treatment & Early  
 Childhood Mental Health Treatment Series



**Introduction to Early Childhood  
 Mental Health**

**Chiara Nuzzo, PhD**

Friday, September 25th, 2009 9:00am-4:00pm

University Center | Webb Room

ECMH Core 1 | LT elective | CSA elective | ACT 48 | 6 CE Credits



**Workshop Description**

This full-day workshop provides an overview of the early childhood-family field in general and early childhood mental health in particular. We will cover the field's history, most important contributors, and its guiding principles of practice. What does it mean to be an early childhood-family practitioner and how do we differ from other professionals? Next we will address the influential theories that have guided our understanding and practice—namely the transactional developmental model and models for working with multi-risk families. We end with a review of relationship-based work and reflective practice—ideas and practices focused on the self-development of the practitioner.

This workshop is the Core Knowledge Part 1 for the Early Childhood Mental Health Certificate Program.\* It applies as an elective to both the Loss and Traumatic Stress and the Child Sexual Abuse Treatment Certificate Programs.



**Objectives**

Participation in this program will enable you to:

- Describe the early childhood-family field and its history
- Delineate the guiding principles of the early childhood mental health practitioner.
- Understand the eclectic and comprehensive service roles of providers in this field.
- Describe models of development, including transactional and multi-risk models.
- Delineate principles of relationship-based work.
- Define reflective practice and its role in professional development.

6 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University Maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

LT = Applies to the Loss and Traumatic Stress Certificate Program  
 CSA = Applies to the Child Sexual Abuse Treatment Certificate Program  
 ECMH = Applies to the Early Childhood Mental Health Certificate Program

ACT 48 = Workshop approved for ACT 48 credits  
 Individuals do not need to be enrolled in a certificate program to attend this workshop

\*Note: Mandatory/Core Knowledge workshops from one certificate program cannot be applied to another certificate program. Electives can be credited towards the LT and CSA certificates, provided they are designated as applying to both.

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