



The Post-Graduate Center
Institute for Graduate Clinical Psychology
Widener University
www.postgraduatecenter.org

Cultivating Ideas.

Fall 2010 Workshops

Loss and Traumatic Stress, Child Sexual Abuse Treatment & Early
 Childhood Mental Health Treatment Series



**The Heart of the Matter: Concepts and
 Techniques in the Treatment of
 Survivors of Childhood Sexual Abuse**

Constance Pelesh, MS, LPC and Panel

Friday, November 12, 2010 9:00am-4:00pm
 University Center | Webb Room
 CSA Core 3 | LT Elective | 6 CE Credits



Workshop Description

The morning will focus on crucial aspects of the therapeutic environment that lead to successful treatment of child sexual abuse, regardless of theoretical approach or technique. Citing recent findings on brain changes after traumatic stress, management of the trauma experience in therapy will be discussed, with a particular emphasis on the role of dissociation. Case vignettes will be presented to illustrate these points. The afternoon panel of clinicians with specialized training in different techniques will compare these techniques to further elucidate how to bring about healing and health in the recovery process.

This is the Core Knowledge Part 3 for the Child Sexual Abuse Treatment Certificate and applies as an elective to the Loss and Traumatic Stress Certificate



Objectives

Participation in this program will allow you to:

- Create a comforting environment that encourages sharing.
- Promote and model boundaries that ensure a sense of safety.
- Observe the impact of betrayal on the client's relationships, both in the therapy and in the larger world.
- Recognize the importance of educating clients about the dynamics of sexual abuse and personal safety.
- Discuss recent developments which have impacted the treatment of childhood sexual abuse.
- Identify ways to prevent vicarious trauma for therapists.

6 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

LT = Applies to the Loss and Traumatic Stress Certificate Program
 CSA = Applies to the Child Sexual Abuse Treatment Certificate Program
 ECMH = Applies to the Early Childhood Mental Health Certificate Program

Individuals do not need to be enrolled in a certificate program to attend this workshop

*Note: Mandatory/Core Knowledge workshops for one certificate program cannot be applied to another certificate program. Electives can be credited towards the LT and CSA certificates, provided they are designated as applying to both.