



**The Post-Graduate Center**  
**Institute for Graduate Clinical Psychology**  
**Widener University**  
**www.postgraduatecenter.org**

*Cultivating Ideas.*

**Fall 2009 Workshops**

Loss and Traumatic Stress, Child Sexual Abuse Treatment & Early  
 Childhood Mental Health Treatment Series



**The Core Knowledge of Early  
 Childhood Mental Health**

**Elizabeth Bogado Briganti, PsyD**

Friday, December 4, 2009 9:00am-4:00pm

University Center | Webb Room

ECMH Core 2 | LT Elective | CSA Elective | ACT 48 | 6 CE Credits



**Workshop Description**

This content-rich workshop provides participants with a comprehensive introduction to the research and knowledge base of the field. Practice-relevant topics will include attachment theory and its applications and the research on infant temperament and how it can guide parenting decisions. Finally, we will explore the fascinating research on brain development, how stress & trauma affect brain development, and how to support growth in young children.

This workshop is the Core Knowledge Part 2 for the Early Childhood Mental Health Certificate Program.\* It applies as an elective to both the Loss and Traumatic Stress and the Child Sexual Abuse Treatment Certificate Programs.



**Objectives**

Participation in this workshop will enable you to:

- Define Infant and Early Childhood Mental Health
- Describe theories of attachment and their implications for clinical intervention
- Delineate the main temperament types and how this knowledge can inform parenting practices
- Describe brain growth and development in the early years and how stress and trauma impact child development outcomes
- Describe parent-young child psychotherapy research and practice.

6 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University Maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

LT = Applies to the Loss and Traumatic Stress Certificate Program  
 CSA = Applies to the Child Sexual Abuse Treatment Certificate Program  
 ECMH = Applies to the Early Childhood Mental Health Certificate Program

ACT 48 = Workshop approved for ACT 48 credits  
 Individuals do not need to be enrolled in a certificate program to participate in this workshop.

\*Note: Mandatory/Core Knowledge workshops for one certificate program cannot be applied to another certificate program. Electives can be credited towards the LT and CSA certificates, provided they are designated as applying to both.

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