



The Post-Graduate Center
Institute for Graduate Clinical Psychology
Widener University
www.postgraduatecenter.org

Cultivating Ideas.

Fall 2008 Workshops
Loss and Traumatic Stress
& Child Sexual Abuse Treatment Series



Friday, October 17th, 2008

Renovating One's Life: Cognitive and Behavioral Treatment Tools for Trauma and Loss
Stephen DiJulio, PhD
9:00am-4:00pm University Center | Webb Room
LT | CSA | ACT 48 | 6 CE Credits



Friday, October 24th, 2008

The Heart of the Matter: Concepts and Techniques of Child Sexual Abuse Psychotherapy
Constance C. Pelesh, MS, LPC, NCC, and Panel
9:00am-4:00pm University Center | Webb Room
LT | CSA | ACT 48 | CSA Core 3 | 6 CE Credits



Friday, November 14th, 2008

Trauma in the African American Community: A Culturally Enhanced Perspective
Christina Gallman, PsyD
9:00am-4:00pm University Center | Webb Room
LT | CSA | ACT 48 | 6 CE Credits



Friday, November 21st, 2008

Lions and Tigers and Bears: The Multi-Systems Complexity of Child Sexual Abuse
Anthony Goldsmith, MA, Mary Hove, MA, and Panel
9:00am-4:00pm University Center | Webb Room
LT | CSA | ACT 48 | CSA Core 4 | 6 CE Credits



Friday, December 5th, 2008

Bearing the Unbearable: Understanding the Complexity of Trauma
Barbara Goldsmith, PsyD
9:00am-4:00pm University Center | Webb Room
LT | CSA | ACT 48 | 6 CE Credits

LT = Applies to the Loss and Traumatic Stress Certificate Program

CSA = Applies to the Child Sexual Abuse Treatment Certificate Program

ACT 48 = Workshop approved for ACT 48 credits

Individuals do not need to be enrolled in a certificate program to participate in these workshops.

Note: Mandatory/Core Knowledge workshops cannot be applied to both certificate programs. Electives can be credited towards both certificates, provided they are designated as applying to each certificate program. (See brochure description for each workshop).

CE credits will be offered to participants completing post-workshop forms. The Institute for Graduate Clinical Psychology, Widener University, is approved by the American Psychological Association to sponsor continuing education for psychologists. Widener University maintains responsibility for this program and its content.

The Center for Social Work Education of Widener University is pre-approved by the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors to offer continuing education credits for licensed social workers.

The Post-Graduate Center
Institute for Graduate Clinical Psychology, Widener University
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tel: 610-499-1083 | fax: 610-499-4625 | clinicalpsychologypgc@mail.widener.edu
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Certificate Programs

Loss and Traumatic Stress & Child Sexual Abuse Treatment



The Post-Graduate Center currently offers workshops in a series format towards two certificate programs. Participants can earn a certificate in:

- **L o s s a n d T r a u m a t i c S t r e s s**
- **C h i l d S e x u a l A b u s e T r e a t m e n t**

The Loss and Traumatic Stress Certificate is sponsored by **The Post-Graduate Center** of the Institute for Graduate Clinical Psychology at Widener University. The Child Sexual Abuse Treatment Certificate is sponsored by **The Post-Graduate Center** in collaboration with the **Center for Social Work Education** at Widener University and **Family Support Line**.

The series format allows for a greater depth of training in a chosen area of study than is typically available in half-day or single-day programs. The interplay between the workshops in the Loss and Traumatic Stress track and Child Sexual Abuse Treatment track allows some* programs to be credited to both certificates.

Our pledge is to continue to create workshops that provide accessible information to busy practitioners. All programs include multiple teaching methods, such as treatment videos, case presentations, role plays, group exercises, in vivo explorations of therapeutic techniques, and/or interactive discussions. In addition, each workshop is accompanied by handouts and suggestions for further reading.



M a x i m u m F l e x i b i l i t y

- Although these workshops are part of a series leading to a certificate, each program is also designed to stand alone, enabling participants to pursue specific topics of interest.
- Most full-day program morning sessions emphasize theoretical and empirical foundations, while afternoon sessions emphasize clinical applications. Participants may register for the full day or just the morning.
- While the programs are designed for mental health clinicians, educators and other human service professionals are welcome to attend individual workshops on topics that apply to their work.



C o n t i n u i n g E d u c a t i o n C r e d i t s

CE credits will be offered to participants completing post-workshop forms. The Institute for Graduate Clinical Psychology, Widener University, is approved by the American Psychological Association to sponsor continuing education for psychologists. Widener University maintains responsibility for this program and its content.

The Center for Social Work Education of Widener University is pre-approved by the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors to offer continuing education credits for licensed social workers.



A C T 4 8 C r e d i t s

Most workshops are also approved for ACT 48 credits. Check the description for each workshop for further information.

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**Loss and Traumatic Stress
Certificate Program**



Program Overview

Identifying, assessing, and treating clients who have been impacted by loss and/or trauma is a complex process. Participation in the certificate program will allow clinicians to gain an in-depth understanding of this process in a coordinated program of study, leading to a loss-informed and trauma-informed approach to clinical work.



Prerequisites for the Certificate Program

- Mental health professionals with at least a master's degree and a current license in good standing
- Current work in a clinical setting that includes clients grappling with loss and/or trauma



Program Format and Benefits

- 60 CE credits of approved workshops
- Completion in 15 to 36 months
- Mandatory Foundations and Mandatory Ethics workshops*
- Choose from among a number of other workshop topics to best fit individual interests
- Culminates in an integrative oral case presentation at Widener University
- Loss and Traumatic Stress Certificate of Completion



This Certificate Program enables participants to:

- Examine loss and trauma from a variety of perspectives, such as biological, developmental, psychodynamic, cognitive, behavioral, and social/cultural.
- Gain knowledge and skills related to screening, assessment, diagnosis, and treatment strategies.
- Apply perspectives and techniques learned to daily practice.
- Examine factors affecting vulnerability and resiliency.
- Recognize vicarious trauma and self-care strategies.
- Increase sensitivity to salient legal and ethical issues.
- Understand key factors in community crisis intervention.
- Examine concerns specific to particular circumstances, such as sexual abuse, traumatic deaths, and medical trauma.

*Mandatory/Core Knowledge workshops cannot be applied to both certificate programs. Electives can be credited towards both certificates, provided they are designated as applying to each certificate program. (See brochure description for each workshop).

To register for the Loss and Traumatic Stress Certificate Program, simply check the box on the registration form or contact Karen Dias at clinicalpsychologypgc@mail.widener.edu, and provide us with a copy of your current clinical license.



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Child Sexual Abuse Treatment Certificate Program

The Child Sexual Abuse Treatment Certificate is sponsored by **The Post-Graduate Center** in collaboration with the **Center for Social Work Education** at Widener University and **Family Support Line**.



P r o g r a m O v e r v i e w

Treating a child sexual abuse survivor can be daunting and scary. This certificate program will give you the tools to feel comfortable and confident in handling these cases. To receive a Certificate of Completion, a participant must complete 36 CE credits through the Child Sexual Abuse Treatment Certificate Program. This includes four required core knowledge courses and two electives that may be taken within a 12-24 month period. Core knowledge courses are offered once annually and electives are offered throughout the year. Participants may begin at any time in the program cycle. Workshops may be attended independently by those not wishing to receive a certificate.



P r e r e q u i s i t e f o r t h e C e r t i f i c a t e P r o g r a m

- Mental health professionals with at least a master's degree



P r o g r a m F o r m a t a n d B e n e f i t s

- 36 CE credits of approved workshops
- Completion in 12 to 24 months
- Includes 4 Core Knowledge Seminars* and 2 electives



R e q u i r e d c o r e k n o w l e d g e a r e a s :

- Foundations of healthy sexuality (Spring)
- Ecology of child sexual abuse (Spring)
- Concepts and techniques of child sexual abuse psychotherapy (Fall)
- Multi-systems complexity of child sexual abuse (Fall)

The full-day plenary session at the Annual Treating Child Sexual Abuse: Opening Pandora's Box conference counts as an elective towards this certificate program.



T h i s C e r t i f i c a t e P r o g r a m e n a b l e s p a r t i c i p a n t s t o :

- Gain a significant knowledge base for treatment.
- Understand the bi-directional influences of child sexual abuse.
- Develop increased sensitivity and confidence in handling the complex dynamics of child sexual abuse.
- Recognize vicarious trauma and learn self-care strategies.
- Learn to apply perspectives and techniques to clinical work.

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To register for the Child Sexual Abuse Treatment Certificate Program, simply check the box on the registration form or contact Karen Dias at clinicalpsychologypgc@mail.widener.edu.



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Fall 2008 Program Faculty



Stephen DiJulio, PhD

is a licensed psychologist and has been in private practice for more than 20 years. He serves as vice president of Behavioral Health Associates, Inc. in Northern Delaware. He is also clinical director of S.O.A.R.: Survivors of Abuse in Recovery, which provides individual, group, and family therapy for survivors of sexual trauma of all ages. Though eclectic, he relies heavily on cognitive and behavioral approaches in his clinical practice. He is a past president of the Delaware Psychological Association and remains active in affairs related to mental health services in the state.



Christina Gallman, PsyD

received her doctorate from the Widener's Institute for Graduate Clinical Psychology. Her dissertation focused on improving therapeutic interventions for African American clients. This research emphasized practical strategies for clinicians, as well as training programs to improve multicultural competence among therapists. Dr. Gallman currently works in a community mental health center in North Philadelphia, Warren E. Smith Health Systems, where she provides clinical evaluations. In addition, she is an individual and family therapist at Jacob's Well, a small Christian-based counseling center in Media, PA.



Anthony Goldsmith, MA, BCETS

is a licensed psychologist with over 30 years of experience in the mental health field. In addition to his present position as Clinical Director with Family Support Line, he has an active private practice of psychotherapy with children and families. His areas of specialty include recovery from trauma and sexual abuse, evaluation, and treatment. Past professional experiences include clinical and administrative positions in foster care, community mental health, and sexual abuse treatment. He is the former Chief Operating Officer of the Joseph J. Peters Institute in Philadelphia. Mr. Goldsmith is a member of the Pennsylvania Psychological Association and is a Board Certified Expert in Traumatic Stress.



Barbara L. Goldsmith, PsyD

is a licensed psychologist in private practice in Philadelphia and Rosemont, PA. She is adjunct associate professor at the Institute for Graduate Clinical Psychology and has taught and supervised graduate students for 24 years. She is a training consultant for the University of Pennsylvania's Counseling and Psychological Services, was the founding president of the Philadelphia Center for Psychoanalytic Education, and serves as the graduate student mentorship coordinator for the Philadelphia Society for Psychoanalytic Psychology. Dr. Goldsmith speaks on a variety of topics including trauma, eating disorders, the use of body as object, countertransference, and therapeutic impasse.



Mary Hove, MS

is the director of education and training at Family Support Line, where she plans and implements child sexual abuse prevention programs for children, professionals, and parents. She also co-facilitates a group for non-offending parents. Mary has 25 years of experience in the counseling and training fields. At the Domestic Abuse Project, she provided counseling to victims, prepared legal petitions, trained volunteers, and conducted in-services. As a college counselor, she provided crisis counseling, taught credit and non-credit courses, coordinated the peer counseling program, and implemented workshops for students around personal and career issues.



Constance C. Pelesh, MS, LPC, NCC

is a licensed professional counselor with over 25 years of therapeutic experience treating sexual abuse and trauma survivors. As a staff member at Family Support Line for the past 16 years, she has provided psychotherapy, co-led support groups for adolescent girls, and served as a consultant in the prevention programs. She has received specialized training in dissociative disorders through the International Society for the Study of Trauma and Dissociation, and is trained in EMDR. She maintains a private practice in Media, PA.



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Renovating One's Life: Cognitive and Behavioral Treatment Tools for Trauma and Loss

Stephen DiJulio, PhD

Friday, October 17th, 2008 9:00am-4:00pm
 University Center | Webb Room
 LT | CSA | ACT 48



Workshop Description

This program emphasizes the utility of cognitive and behavioral paradigms for treatment of clients who have experienced trauma or loss. After a brief review of theoretical underpinnings of cognitive and behavioral approaches, the workshop will demonstrate, with audience participation, several coping tools such as brief relaxation techniques, imagery, and grounding techniques that are of particular relevance for use with clients of all ages who have survived trauma or loss. Promising new developments in cognitive therapy, such as schema therapy and mindfulness meditation, will also be highlighted. Participants will come away with first-hand experience of specific techniques and written materials that can be used with clients immediately. This workshop will be especially useful for clinicians who do not have a cognitive-behavioral focus but who wish to expand the tools available for use in their work with trauma and loss survivors.

This workshop applies as an elective to both the Loss and Traumatic Stress and the Child Sexual Abuse Treatment Certificate Programs.*



Objectives

- Understand the basic theory and methods of cognitive and behavioral therapies.
- Learn about promising new developments in cognitive therapy.
- Increase awareness of how to use psychoeducational and bibliotherapy materials with clients.
- Experiment with brief relaxation and grounding techniques, and understand when they might be indicated.
- Understand the usefulness of imagery in treatment of clients who have experienced loss or trauma.
- Gain a perspective on the effectiveness of group therapy for trauma survivors.

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ACT 48 = Workshop approved for ACT 48 credits

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 & Child Sexual Abuse Treatment Series



The Heart of the Matter: Concepts and Techniques of Child Sexual Abuse Psychotherapy

Constance Pelesh, MS, LPC, NCC & Panel

Friday, October 24th, 2008 9:00am-4:00pm

University Center | Webb Room

LT | CSA | ACT 48



Workshop Description

The morning will focus on crucial aspects of the therapeutic environment that lead to successful treatment of child sexual abuse, regardless of theoretical approach or technique. Citing recent findings on brain changes after traumatic stress, management of the trauma experience in therapy will be discussed, with a particular emphasis on the role of dissociation. Case vignettes will be presented to illustrate these points. The afternoon panel of clinicians with specialized training in different techniques will compare these techniques to further elucidate how to bring about healing and health in the recovery process. Afternoon panelists include:

Sara Moore Hines, LPC, NCC, MCAT, ADTR

Therapist, Family Support Line and Private Practice, Drexel Hill, PA | Movement Therapy, Group Therapy

Constance Pelesh, MS, LPC, NCC

Therapist, Family Support Line and Private Practice, Media, PA | EMDR, Group Therapy

William Mayer, MS, LMFT

Group Leader, Family Support Line, Director of Family-Based Program, Creative Health Services, Pottstown, PA
 Family Therapy, Group Therapy

Anthony Goldsmith, MA, BCETS

Clinical Director, Family Support Line and Private Practice, Media, PA | Family Therapy

Jane Mackay, MA

Therapist, Family Support Line and Private Practice, Media, PA | Play Therapy, EMDR

Elizabeth Musewicz, MS, LPC

Therapist, Family Support Line and Private Practice, Swarthmore, PA | Cognitive Behavioral Therapy

Pat Kosinski, MSS Moderator | Executive Director, Family Support Line

This is the Core Knowledge Part 3 for the Child Sexual Abuse Treatment Certificate and applies to the Loss and Traumatic Stress Certificate. Mandatory/Core Knowledge workshops cannot be applied to both certificate programs. Electives can be credited towards both certificates, provided they are designated as applying to both.



Objectives

- Create a comforting environment that encourages sharing.
- Promote and model boundaries that ensure a sense of safety.
- Observe the impact of betrayal on the client's relationships, both in the therapy and in the larger world.
- Recognize the importance of educating clients about the dynamics of sexual abuse and personal safety.
- Discuss recent developments which have impacted the treatment of childhood sexual abuse.
- Identify how different treatment techniques can help the client process traumatic material.

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Trauma in the African American Community: A Culturally Enhanced Perspective

Christina Gallman, PsyD

Friday, November 14th, 2008 9:00am-4:00pm
 University Center | Webb Room
 LT | CSA | ACT 48



Workshop Description

Traumatic experiences in the African American community, such as abuse and domestic violence, often go unnoticed until people outside of the family intervene. Trauma is typically not an isolated experience, but rather a pattern of events repeated across generations. Crime, overcrowded homes, unemployment, single-parent families and other factors associated with poverty contribute to the prevalence and perpetuation of trauma in the African American community. Racial solidarity and protection of family members may allow these incidents to remain as family secrets. This workshop will examine the prevalence and patterns of trauma in the African American community and its psychological effects on the individual and family. To assist clinicians in providing more effective care, a culturally sensitive framework for exploring and understanding trauma among African Americans will be described and applied through case vignettes.

This workshop applies as an elective to both the Loss and Traumatic Stress and the Child Sexual Abuse Treatment Certificate Programs.*



Objectives

- Identify racial and gender differences in prevalence rates of neglect, sexual, physical and domestic abuse.
- Describe how persistent patterns of race, social class, and gender inequality produce, promote, and perpetuate violence.
- Consider practical ways to empower African American families to utilize their inherent strengths in healing from trauma.
- Define the concept of “blaming the victim” and examine how the therapist’s own biases may hinder treatment compliance and effectiveness.
- Apply skills to clinical vignettes to practice culturally competent case formulation.

LT = Applies to the Loss and Traumatic Stress Certificate Program

CSA = Applies to the Child Sexual Abuse Treatment Certificate Program

ACT 48 = Workshop approved for ACT 48 credits

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Fall 2008 Workshops

Loss and Traumatic Stress
 & Child Sexual Abuse Treatment Series



**Lions and Tigers and Bears:
 The Multi-Systems Complexity of
 Child Sexual Abuse**

**Anthony Goldsmith, MA,
 Mary Hove, MS, and Panel**

Friday, November 21st, 2008 9:00am-4:00pm
 University Center | Webb Room | LT | CSA | ACT 48



Workshop Description

Techniques to use with a child who discloses abuse will be reviewed, with an emphasis on encouraging expression while not leading the child, and ways to avoid questions that may contaminate an investigation. Child protective service (CPS) reporting scenarios will be used for illustration. The roles of various entities in child sexual abuse will be delineated, including those of family members who face crises of their own. Parents who have experienced this trauma are included to help enhance the framework for healing. The unique intersystem coordination in Delaware County, PA allows us to bring together a panel from child welfare and the legal system for a lively and spirited discussion of the issues around investigation and prosecution. Afternoon panelists include:

Marie Boulden, MA CPS Investigations

Program Director Sexual Abuse Center, Children and Youth Services of Delaware County

Adam Sendek Criminal Investigations

Delaware County Criminal Investigative Unit, Office of the District Attorney

Michael Galantino, Esq. Criminal Proceedings

Deputy District Attorney Delaware County, Special Victims and Domestic Violence Division

Chris Pawlowski Probation/Parole

Supervisor, Delaware County Probation/Parole Sexual Offender Unit

Mary Hove, MA

Family Support Line, Co-Leader Parent Support Group, Family perspective and needs.

Tony Goldsmith, MA

Family Support Line, Clinical Director, Therapist perspective and interaction with the systems

Pat Kosinski, MSS

Moderator Executive Director, Family Support Line

This is the Core Knowledge Part 4 for the Child Sexual Abuse Treatment Certificate and applies to the Loss and Traumatic Stress Certificate. Mandatory/Core Knowledge workshops cannot be applied to both certificate programs. Electives can be credited towards both certificates, provided they are designated as applying to both.



Objectives

- Explore the role of therapist bias in sexual abuse disclosure.
- Differentiate therapist and CPS investigator roles.
- Incorporate techniques that enhance a child's comfort level and promote the child's ability to give a report.
- Describe the prevalence and effects of denial on nuclear and extended family relationships.
- Identify the roles of child protective services, criminal investigation, prosecution, and probation.
- Recognize the importance of collaboration and relationships with the various systems involved in CSA.

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ACT 48 = Workshop approved for ACT 48 credits

Individuals do not need to be enrolled in a certificate program to attend this workshop



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Bearing the Unbearable: Understanding the Complexity of Trauma

Barbara L. Goldsmith, PsyD

Friday, December 5th, 2008 9:00am-4:00pm
University Center | Webb Room
LT | CSA | ACT 48



Workshop Description

This workshop will offer a look at the complexity of trauma and the challenges clinicians face in treating it. Treatment will be discussed from a psychodynamic/relational perspective. After a brief overview of trauma, the presentation will address differential diagnosis, the intergenerational transfer of trauma, attachment theory and mentalization. The clinical focus will be on why trauma is so difficult to treat, beginning with an examination of transference and countertransference manifestations, re-enactment and dissociation. Common pitfalls for the therapist -- such as working with dissociative processes, self-injurious behavior, suicidal crises, addictions, eating disorders, boundary violations, hyper-confidentiality, survivor guilt, and vicarious traumatization of the therapist as witness -- will be discussed, along with the importance of ongoing consultation, supervision and therapist self-care.

This workshop applies as an elective to both the Loss and Traumatic Stress and the Child Sexual Abuse Treatment Certificate Programs.*



Objectives

- Understand complicating factors in the treatment of trauma survivors.
- Increase awareness of differential diagnostic issues.
- Understand the intergenerational transfer of trauma.
- Understand body-related manifestations of trauma, such as self-injury, somatization, substance abuse, and disordered eating.
- Identify common transference and countertransference manifestations and re-enactments of trauma.
- Increase awareness of the common pitfalls in treating clients who have experienced traumatic events, and ways to reduce their negative impact.

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Directions to Widener University

Widener University is conveniently located just south of the airport and only a block off of I-95 (Exit 6). Comprehensive directions, and printable campus and parking maps are available on our website at www.postgraduatecenter.org.

- From Philadelphia: Take I-95 South to I-476 North and MacDade Boulevard. Follow the Widener University sign (turn right off the exit). MacDade Boulevard will become East 22nd Street. Turn left onto Providence Avenue, Route 320 South. Follow the Widener University sign. Turn left onto East 14th Street into the main entrance of the university. University Center is located on 14th Street. (There are small parking lots and street parking nearby.)
- From Delaware: Follow I-95 North to Exit 6 (Routes 320 and 352) in Pennsylvania (not Delaware). At first traffic light, turn left over bridge. Bear right at fork on other side of bridge. Go to first traffic light and turn right onto East 14th Street into the main entrance of the university. The University Center is located on 14th Street. (There are small parking lots and street parking nearby).
- From Central New Jersey: Take NJ Turnpike South to Exit 2. Proceed on Route 322 West across the Commodore Barry Bridge. Follow signs for I-95 North and Philadelphia to I-95 North. (See "From Delaware" directions above.)
- From Southern New Jersey: Take the Atlantic City Expressway to I-295 South to Commodore Barry Bridge. Thereafter, follow instructions from Central New Jersey.

You may park in any legally marked spot you find. If you are mistakenly ticketed while attending a workshop, let us know. Widener is a small, intimate campus with ample parking. Most buildings are within a four-block radius, making parking and walking to your desired location fast and easy.



Things to Remember

- Please arrive at Widener 30 minutes before the workshop begins to allow time to find parking, walk to the meeting room, use the restroom, sign in, get some food, and settle in.
- For your convenience, coffee, tea, water and bagels will be provided during the morning session. Iced tea and cookies will be provided in the afternoon. Lunch is not provided, but there are several options nearby (see below).
- Dress in layers so that you can regulate your comfort level.
- As a courtesy to our speakers and other audience members, please silence all cell phones, beepers, and pagers.
- Certificates of attendance will be given out at the end of each program. In compliance with APA requirements, participants must be present for the entire program to receive CE credits.
- In compliance with APA requirements, if you are requesting CE credits, you must complete a demographic and evaluation form in order to receive a certificate of attendance. Your honest feedback is appreciated; both the presenters and the Post-Graduate Center will use them for improvement.
- We hope that your experience is a good one. If you would like to discuss any concerns, complaints or make any suggestions, contact Karen Dias at the Post-Graduate Center via phone at 610.499.1083 or e-mail at clinicalpsychologypgc@mail.widener.edu.



Places to Eat

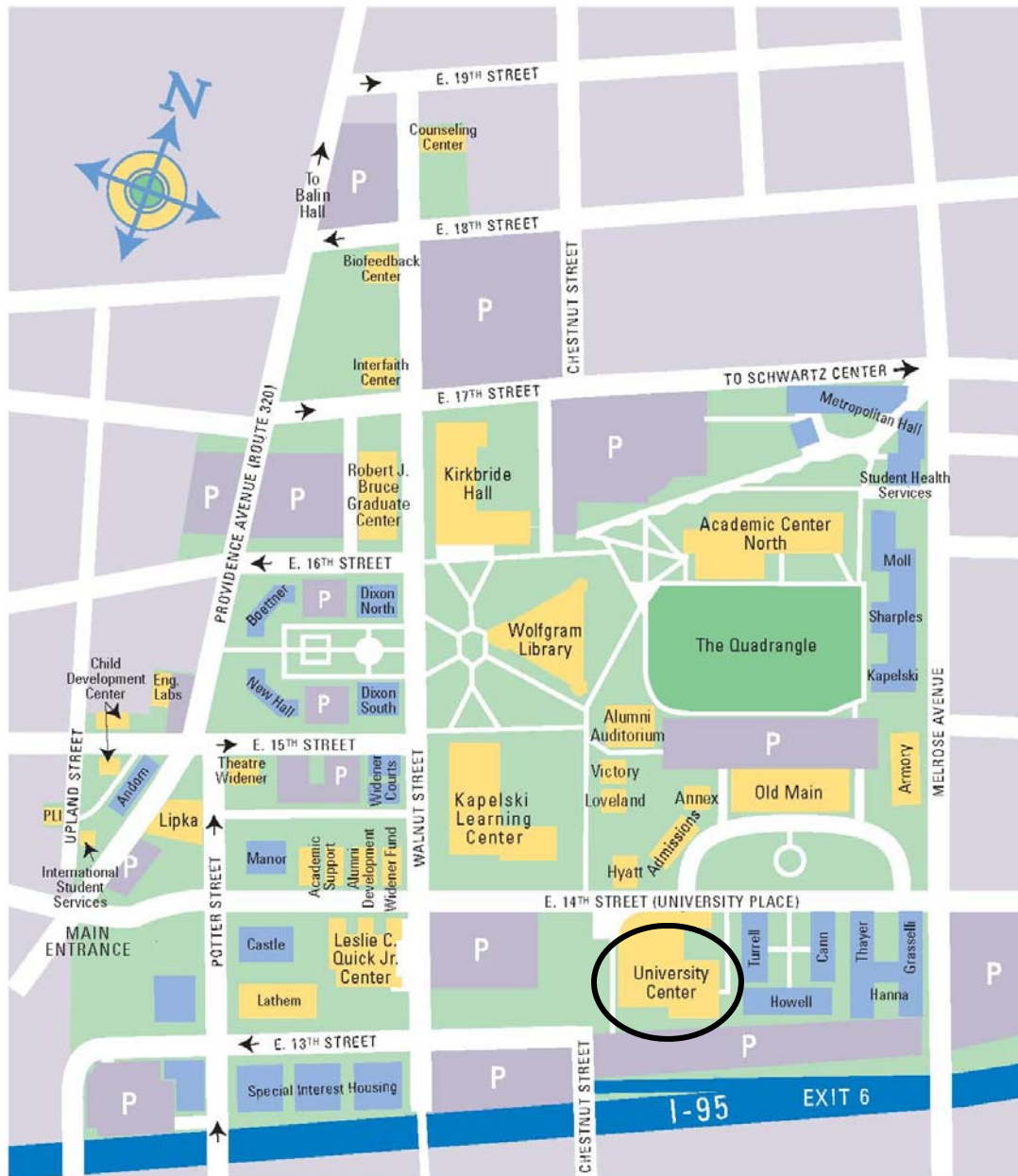
- The *Real Food on Campus* kiosk, located inside University Center near the entrance, offers sandwiches, salads, bottled water, juice, soda, and snacks.
- The *Student Dining Hall*, located around the corner from the kiosk, offers an all-you-can-eat lunch menu.
- The *MacStreet Grille* is on the lower level of University Center and offers sandwiches and convenience store items.
- *Quiznos* offers a selection of sandwiches and entrees and is located on the lower level of University Center.
- There is both a deli and a Chinese take-out store on Providence Avenue between 16th and 18th Streets.
- There is a *WAWA* convenience store with a deli on 22nd Street near 476.



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Widener University Campus/Parking Map



P = Parking

All Fall 2008 workshops will be held in the Webb Room in University Center on East 14th Street (University Place).
 Program facilities meet American Disabilities Association standards.

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Fall 2008 Registration Form

- 10/14/08 **Renovating One's Life: Cognitive and Behavioral Treatment Tools for Trauma and Loss**
Stephen DiJulio, PhD
LT | CSA | ACT 48
- 10/24/08 **The Heart of the Matter: Concepts and Techniques of Child Sexual Abuse Psychotherapy**
Constance Pelesh, MS, LPC, NCC, & Panel
LT | CSA | ACT 48
- 11/14/08 **Trauma in the African American Community: A Culturally Enhanced Perspective**
Christina Gallman, PsyD
LT | CSA | ACT 48
- 11/21/08 **Lions and Tigers and Bears: The Multi-Systems Complexity of Child Sexual Abuse**
Anthony Goldsmith, MA, Mary Hove, MS
LT | CSA | ACT 48
- 12/5/08 **Bearing the Unbearable: Understanding the Complexity of Trauma**
Barbara Goldsmith, PsyD
LT | CSA | ACT 48

- LT Counts towards Loss and Traumatic Stress Certificate Program
CSA Counts towards Child Sexual Abuse Treatment Certificate Program
ACT 48 Workshop approved for ACT 48 credits
Note: Mandatory/Core workshops cannot be applied to both certificate programs.

Fees (per workshop):

| | Full Day (6 Credits) | Morning Only* (3 Credits) |
|------------------------|----------------------|---------------------------|
| Professionals | \$125 | \$70 |
| Widener Alumni | \$115 | \$65 |
| Alumni Chapter Members | \$110 | \$60 |
| Full-Time Students | \$ 45 | \$ 25 |
| Widener Students | \$ 25 | \$ 15 |

* Generally, mornings lay the groundwork, while afternoons emphasize practical applications. Afternoons build on morning foundations; there is no "afternoon only" option.

Registration:

| | Full day | Morning | Amount |
|----------------------------------|--------------------------|--------------------------|----------|
| 10/14 CBT Treatment Tools | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| 10/24 CSA Psychotherapy | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| 11/14 Culturally Enhanced Trauma | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| 11/21 Multi-Systems Complexity | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| 12/5 Bearing the Unbearable | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| ACT 48 Fee (\$10 per workshop) | | | _____ |
| Grand total: | | | \$ _____ |

Disclosure: There are no known commercial supports or other potential conflicts of interest related to the above programs.

Certificate Programs

- I would like to register for the Loss and Traumatic Stress Certificate Program (A copy of my current clinical license is enclosed.)
- I would like to register for the Child Sexual Abuse Treatment Certificate Program
- For detailed information about our Certificate Programs as well as up-to-date information about all of our CE workshops visit www.postgraduatecenter.org.

Name/Degree: _____
Print Clearly or Type

Address: _____

City, State, Zip: _____

Phone (day): _____

E-mail Address: _____

I will be applying for:

- CE Credits: Psychology Social Work
 ACT 48 credits (\$10.00 fee required for processing)

Professional Personnel ID/SSN: _____
(PA Act 48 requires this for submission of credits)

Form of Payment

- Check or Money Order (enclosed, payable to *Widener University*)
 Credit Card: Visa MasterCard

Name as it appears on the card: _____

Acct #: _____ Exp date: _____

Signature (necessary for processing) _____

Registration must be accompanied by check, money order, or credit card payment. We cannot take credit card payment over the phone as we need a signature in order to process your card. Please mail or fax your registration prior to the workshop to:

The Post-Graduate Center
 Institute for Graduate Clinical Psychology
 Widener University
 One University Place
 Chester, PA 19013
 Tel: 610.499.1083 | Fax: 610.499.4625
clinicalpsychologypgc@mail.widener.edu
www.postgraduatecenter.org

PLEASE NOTE: There is an additional \$10.00 fee to register for workshops onsite. Confirmation of registration will not be sent.

Policy notes: You may transfer 100% of your registration fee to another program within the 2008-2009 Continuing Education Workshop schedule, provided you notify the Post-Graduate Center at least 7 days prior to the workshop. Participants who cancel a course and do not apply their fee to another program will be granted a 50% refund. Participants who do not advise the Post-Graduate Center office in advance of their absence or notify us less than 7 days prior to the workshop for which they are registered will forfeit 100% of their fee. The Post-Graduate Center reserves the right to substitute an appropriate speaker for a given program without notice in the event of rare extenuating circumstances. If a program must be cancelled by the Post-Graduate Center due to inclement weather or other unforeseen circumstance, full refunds will be granted. There is a \$10 fee to replace lost or stolen CE certificates.