



The Post-Graduate Center
Institute for Graduate Clinical Psychology
Widener University
www.postgraduatecenter.org

Cultivating Ideas.

Fall 2010 Workshops
Loss and Traumatic Stress,
Child Sexual Abuse & Early Childhood
Mental Health Treatment Series



Friday, September 24th 2010
Introduction to Early Childhood Mental Health
Chiara Nuzzo, PhD
9:00am-4:00pm University Center | Webb Room
ECMH Core 1 | CSA | LT elective | 6 CE Credits



Friday, October 22, 2010
Posttraumatic Stress following Medical Stressors: Topographical and Individual Factors Related to Adjustment
Bret Boyer, PhD
9:00am-4:00pm University Center | Webb Room
LT elective | 6 CE Credits



Friday, November 12, 2010
The Heart of the Matter: Concepts and Techniques in the Treatment of Survivors of Childhood Sexual Abuse
Constance Pelesh, MS, LPC and Panel
9:00am-4:00pm University Center | Webb Room
CSA Core 3 | LT | 6 CE Credits



Friday, November 19, 2010
The Core Knowledge of Early Childhood Mental Health
Elizabeth Bogado Briganti, PsyD
9:00am-4:00pm University Center | Webb Room
ECMH Core 2 | CSA | 6 CE Credits



Friday, December 3, 2010
Ethical Issues in Group and Family Therapy
Linda Knauss, PhD,
9:00am-12:00pm University Center | Webb Room
LT Foundation | 3 CE Credits



Friday December 10, 2010
Lions and Tigers and Bears: The Multi-Systems Complexity of Child Sexual Abuse
Anthony Goldsmith, MA, Mary Hove, MA and Panel
9:00am-4:00pm University Center | Webb Room
CSA Core 4 | LT | 6 CE credits

LT = Applies to the Loss and Traumatic Stress Certificate Program
CSA = Applies to the Child Sexual Abuse Treatment Certificate Program
ECMH = Applies to the Early Childhood Mental Health Certificate Program

Individuals do not need to be enrolled in a certificate program to participate in these workshops.

Note: **Mandatory Foundation/Core Knowledge** workshops required for one certificate program cannot be applied to another certificate program. Electives can be credited towards both the CSA and LT certificates, provided they are designated as applying to each certificate program. (See brochure description for each workshop). Spring workshop offerings for the ECMH program may not be applied as electives towards other certificate programs .

Continuing education credits will be offered to participants completing post-workshop forms. The Institute for Graduate Clinical Psychology, Widener University, is approved by the American Psychological Association to sponsor continuing education for psychologists. Widener University maintains responsibility for this program and its content.

The Center for Social Work Education of Widener University is pre-approved by the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors to offer **continuing education credits** for licensed social workers.



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Certificate Programs
Loss and Traumatic Stress,
Child Sexual Abuse Treatment & Early
Childhood Mental Health



The Post-Graduate Center currently offers workshops in a series format towards three certificate programs. Participants can earn a certificate in:

- **L o s s a n d T r a u m a t i c S t r e s s**
- **C h i l d S e x u a l A b u s e T r e a t m e n t**
- **E a r l y C h i l d h o o d M e n t a l H e a l t h**

The Child Sexual Abuse Treatment Certificate is sponsored by **The Post-Graduate Center** in collaboration with the **Center for Social Work Education** at Widener University and **Family Support Line**. The Loss and Traumatic Stress and Early Childhood Mental Health Certificates are sponsored by **The Post-Graduate Center** of the Institute for Graduate Clinical Psychology at Widener University.

The series format allows for a greater depth of training in a chosen area of study than is typically available in half-day or single-day programs. The interplay between the workshops in the Loss and Traumatic Stress track and Child Sexual Abuse Treatment track allows some* programs to be credited to both certificates.

Our pledge is to continue to create workshops that provide accessible information to busy practitioners. All programs include multiple teaching methods, such as treatment videos, case presentations, role plays, group exercises, in vivo explorations of therapeutic techniques, and/or interactive discussions. In addition, each workshop is accompanied by handouts and suggestions for further reading.



M a x i m u m F l e x i b i l i t y

- Although these workshops are part of a series leading to a certificate, each program is also designed to stand alone, enabling participants to pursue specific topics of interest.
- Most full-day program morning sessions emphasize theoretical and empirical foundations, while afternoon sessions emphasize clinical applications. Participants may register for the full day or just the morning.
- While the programs are designed for mental health clinicians, educators and other human service professionals are welcome to attend individual workshops on topics that apply to their work.



C o n t i n u i n g E d u c a t i o n C r e d i t s

CE credits will be offered to participants completing post-workshop forms. The Institute for Graduate Clinical Psychology, Widener University, is approved by the American Psychological Association to sponsor continuing education for psychologists. Widener University maintains responsibility for this program and its content.

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**Loss and Traumatic Stress
Certificate Program**



Program Overview

Identifying, assessing, and treating clients who have been impacted by loss and/or trauma is a complex process. Participation in the certificate program will allow clinicians to gain an in-depth understanding of this process in a coordinated program of study, leading to a loss-informed and trauma-informed approach to clinical work.



Prerequisites for the Certificate Program

- Mental health professionals with at least a master's degree and a current license in good standing
- Current work in a clinical setting that includes clients grappling with loss and/or trauma



Program Format and Benefits

- 60 CE credits of approved workshops
- Completion in 15 to 36 months
- Mandatory Foundations and Mandatory Ethics workshops*
- Choose from among a number of other workshop topics to best fit individual interests
- Culminates in an integrative oral case presentation at Widener University
- Loss and Traumatic Stress Certificate of Completion



This Certificate Program enables participants to:

- Examine loss and trauma from a variety of perspectives, such as biological, developmental, psychodynamic, cognitive, behavioral, and social/cultural.
- Gain knowledge and skills related to screening, assessment, diagnosis, and treatment strategies.
- Apply perspectives and techniques learned to daily practice.
- Examine factors affecting vulnerability and resiliency.
- Recognize vicarious trauma and self-care strategies.
- Increase sensitivity to salient legal and ethical issues.
- Understand key factors in community crisis intervention.
- Examine concerns specific to particular circumstances, such as sexual abuse, traumatic deaths, and medical trauma.

*Mandatory/Core Knowledge workshops for one certificate program cannot be applied to another certificate program. Electives can be credited towards the Loss and Traumatic Stress and Child Sexual Abuse Treatment certificates, provided they are designated as applying to each certificate program. (See brochure description for each workshop).

To register for the Loss and Traumatic Stress Certificate Program, please complete the Certificate Program registration form located on our website (www.postgraduatecenter.org) or contact Antoneal Swaby at clinicalpsychologypgc@mail.widener.edu, and provide us with a copy of your current clinical license.



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**Child Sexual Abuse Treatment
Certificate Program**

The Child Sexual Abuse Treatment Certificate is sponsored by **The Post-Graduate Center** in collaboration with the **Center for Social Work Education** at Widener University and **Family Support Line**.



Program Overview

Treating a child sexual abuse survivor can be daunting and scary. This certificate program will give you the tools to feel comfortable and confident in handling these cases. To receive a Certificate of Completion, a participant must complete 36 CE credits through the Child Sexual Abuse Treatment Certificate Program. This includes four required core knowledge courses and two electives that may be taken within a 12-24 month period. Core knowledge courses are offered once annually and electives are offered throughout the year. Participants may begin at any time in the program cycle. Workshops may be attended independently by those not wishing to receive a certificate.



Prerequisite for the Certificate Program

- Mental health professionals with at least a master's degree



Program Format and Benefits

- 36 CE credits of approved workshops
- Completion in 12 to 24 months
- Includes 4 Core Knowledge Seminars* and 2 electives



Required core knowledge areas:

- Foundations of healthy sexuality (Spring)
- Ecology of child sexual abuse (Spring)
- Concepts and techniques of child sexual abuse psychotherapy (Fall)
- Multi-systems complexity of child sexual abuse (Fall)

The full-day plenary session at the Annual Treating Child Sexual Abuse: Opening Pandora's Box conference counts as an elective towards this certificate program.



This Certificate Program enables participants to:

- Gain a significant knowledge base for treatment.
- Understand the bi-directional influences of child sexual abuse.
- Develop increased sensitivity and confidence in handling the complex dynamics of child sexual abuse.
- Recognize vicarious trauma and learn self-care strategies.
- Learn to apply perspectives and techniques to clinical work.

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To register for the Child Sexual Abuse Treatment Certificate Program, please complete the Certificate Program registration form located on our website (www.postgraduatecenter.org) or contact Antoneal Swaby at clinicalpsychologypgc@mail.widener.edu.



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**Early Childhood Mental Health
Certificate Program**



Program Overview

The Early Childhood Mental Health Certificate Program is a 12-24-month continuing education experience for the variety of the professionals already in the early childhood-family field and for those with advanced mental health degrees desiring to expand their services to families with young children. Group learning, mentorship and networking experiences provide theoretical and applied content, immersion in a community of providers, and guidance in applying new learning to current practice. A certificate of completion is awarded to those who participate in all program components. Psychology, nursing, and social work CEU's are provided..



Prerequisites for the Certificate Program

- Mental health professionals with at least a master's degree and a current license in good standing. Current or intended future practice includes assessment and treatment services to families with infant, toddler and preschool-aged children
- Mental health support staff with associates or bachelors degrees currently working in home or center-based programs to support parenting and the behavioral development of young children.
- Early intervention and early childhood education professionals (including teachers, speech-language pathologists, and occupational & physical therapists) with at least a bachelor's degree desiring to increase their capacity to work with families to support the social-emotional wellness of young children.
- Pediatric professionals, including nursing home visitors, who desire to increase their capacity to work with families to support the social-emotional wellness of young children.



Program Format and Benefits

- Completion in 12 to 24 months
- Completion of 5 Core Knowledge Workshops* (30 CE credits total)
- Participation in Group Learning, Mentorship, Networking and Program Gathering components of program
- Early Childhood Mental Health Certificate of Completion



This Certificate Program enables participants to:

- Gain an introduction to the field of early childhood mental health and infant-family practice
- Build one's knowledge of the practice-relevant content and theory of the field.
- Gain an introduction to early childhood screening and assessment best practices
- Build one's knowledge of early childhood treatments and services, including parent-child dyadic intervention
- Engage in group reflective practice experiences
- Obtain guidance in applying new learning to current or future practice.
- Immerse themselves in a community of early childhood mental health providers

*Early Childhood Mental Health workshops may be credited towards other certificate programs as electives provided they are designated as applying to each certificate program (See brochure description for each workshop).

To register for the Early Childhood Mental Health Certificate Program, please complete the Certificate Program registration form located on our website (www.postgraduatecenter.org) or contact Antoneal Swaby at clinicalpsychologypgc@mail.widener.edu, and provide us with a copy of your current clinical license.



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Fall 2010 Program Faculty



Chiara Nuzzo, PhD

is a licensed psychologist and a mental health consultant for early childhood-family programs in Philadelphia. Dr. Nuzzo is the founding president of the Delaware Valley Group/World Association of Infant Mental Health and is a graduate fellow of ZERO TO THREE. She coordinates The Post-Graduate Center's certificate program in Early Childhood Mental Health.



Bret Boyer, PhD

completed an MA in Behavior Analysis & Therapy at Southern Illinois University, and a Ph.D. in Clinical Psychology at Temple University. Over the past 20 years, he has conducted research investigating posttraumatic stress and adjustment following medical illness, and has provided psychotherapy and family therapy to individuals/families facing chronic health conditions. He is the co-editor of *The Comprehensive Handbook of Clinical Health Psychology*, and the founder and President of The Family Health Psychology Center. He has published articles in peer-review scientific journals related to cancer, diabetes, spinal cord injury, focusing of posttraumatic stress, and interventions to reduce pain and distress during pediatric medical procedures.



Constance C. Pelesh, MS, LPC, NCC

is a licensed professional counselor with over 25 years of therapeutic experience treating sexual abuse and trauma survivors. As a staff member at Family Support Line for the past 19 years, she has provided psychotherapy, co-led support groups for adolescent girls, and served as a consultant in the prevention programs. She has received specialized training in dissociative disorders through the International Society for the Study of Trauma and Dissociation, and is trained in EMDR. She maintains a private practice in Media, PA.



Anthony Goldsmith, MA, BCETS

is a licensed psychologist with over 30 years of experience in the mental health field. In addition to being Clinical Director at Family Support Line, he has an active private psychotherapy practice with children and families. His areas of specialty include recovery from trauma and sexual abuse, evaluation, and treatment. Past professional experiences include clinical and administrative positions in foster care, community mental health, and sexual abuse treatment. He is the former Chief Operating Officer of the Joseph J. Peters Institute in Philadelphia. Mr. Goldsmith is also a member of the Pennsylvania Psychological Association and is a Board Certified Expert in Traumatic Stress



Mary Hove, MS

is the director of education and training at Family Support Line, where she plans and implements child sexual abuse prevention programs for children, professionals, and parents. She also co-facilitates a group for non-offending parents. Mary has over 25 years of experience in the counseling and training fields. At the Domestic Abuse Project, she provided counseling to victims, prepared legal petitions, trained volunteers, and conducted in-services. As a college counselor, she provided crisis counseling, taught credit and non-credit courses, coordinated the peer counseling program, and implemented workshops for students around personal and career issues.



Elizabeth Bogado Briganti, PsyD

is a licensed psychologist developing a specialty in infant mental health/parent-child interactions. Dr. Briganti is a graduate of the Certificate Program in Infant Mental Health affiliated with Chatham University. She is a board member of the Delaware Valley Group/World Association of Infant Mental Health, founder of the Infant Mental Health Peer Supervision Group of Philadelphia, and co-leader of a parent-toddler group offered by the Psychoanalytic Center of Philadelphia. She has a particular interest in infant-parent psychotherapy and infant developmental assessment, and is building a private practice in Rosemont, PA.



Linda Knauss, PhD, ABPP

is an associate professor and Director of Internship Training at Widener University's Institute for Graduate Clinical Psychology. She has served as a member of the Pennsylvania Psychological Association's Ethics Committee, and as Co-chair of the Philadelphia Society of Clinical Psychologists' Ethics Committee. Dr. Knauss has taught courses in ethics at Widener University, Immaculata College, and the Philadelphia College of Osteopathic Medicine. She has authored several book chapters and journal articles on ethics, and has taught many continuing education workshops on a variety of ethical issues. Dr. Knauss is the recipient of the 2002 Ethics Educators Award presented by the Pennsylvania Psychological Association's Ethics Committee, and the recipient of the 2004 Pennsylvania Psychological Association Distinguished Service Award. Dr. Knauss also maintains a private clinical practice where she sees children, adolescents, adults, and families.



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Loss and Traumatic Stress, Child Sexual Abuse Treatment & Early
 Childhood Mental Health Treatment Series



**Introduction to Early Childhood
 Mental Health**

Chiara Nuzzo, PhD

Friday, September 24, 2010 9:00am-4:00pm

University Center | Webb Room

ECMH Core 1 | LT elective | CSA elective | 6 CE Credits



Workshop Description

This full-day workshop provides an overview of the early childhood-family field in general and early childhood mental health in particular. We will cover the field's history, most important contributors, and its guiding principles of practice. What does it mean to be an early childhood-family practitioner and how do we differ from other professionals? Next we will address the influential theories that have guided our understanding and practice—namely the transactional developmental model and models for working with multi-risk families. We end with a review of relationship-based work and reflective practice—ideas and practices focused on the self-development of the practitioner.

This workshop is the Core Knowledge Part 1 for the Early Childhood Mental Health Certificate Program.* It applies as an elective to both the Loss and Traumatic Stress and the Child Sexual Abuse Treatment Certificate Programs.



Objectives

Participation in this program will enable you to:

- Describe the early childhood-family field and its history
- Delineate the guiding principles of the early childhood mental health practitioner.
- Understand the eclectic and comprehensive service roles of providers in this field.
- Describe models of development, including transactional and multi-risk models.
- Delineate principles of relationship-based work.
- Define reflective practice and its role in professional development.

6 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

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**Posttraumatic Stress Following
Medical Stressors: Topographical &
Individual Factors Related to
Adjustment**

Bret Boyer, PhD

Friday, October 22, 2010 9:00am-4:00pm

University Center | Webb Room

LT elective | CSA Elective | 6 CE Credits



Workshop Description

This presentation will overview empirical research data, clinical experience, and theoretical conceptualization regarding adjustment to severe, life-threatening, life-changing, and chronic medical illness. Factors related to disease onset, disease states, diagnostic procedures, and treatment regimen will be overviewed, with respect to their affect upon adjustment to the disease and treatment. Individual factors, such as personality and coping, will be overviewed, and integrated with the disease factors to provide a conceptualization for assessing risk for posttraumatic stress. Cancer, spinal cord injury, cardiac disorders, and diabetes will serve as prevalent health conditions that exemplify the factors contributing to risk for posttraumatic stress. Controversies and ethical principles in the diagnosis of posttraumatic stress disorder relevant to medical illness will be covered, as well as service provision issues for treatment of posttraumatic stress among medical patients and their families.



Objectives

Participation in this program will enable you to:

- Identify physical illnesses that pose risk for potential posttraumatic stress.
- Conceptualize posttraumatic stress risk factors resulting from the onset and symptomatology of common medical diseases.
- Conceptualize posttraumatic stress risk factors resulting from the diagnostic and treatment elements of medical disease.
- Conceptualize posttraumatic stress risk factors resulting from individual and family coping dispositions following medical disease.
- Integrate #1 and #2 above to assess risk for posttraumatic stress and posttraumatic stress disorder among individuals and families experiencing severe or life-threatening medical illness.
- Understand the controversies in the literature regarding posttraumatic stress reactions following medical illness.

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**The Heart of the Matter: Concepts and
 Techniques in the Treatment of
 Survivors of Childhood Sexual Abuse**

Constance Pelesh, MS, LPC and Panel

Friday, November 12, 2010 9:00am-4:00pm
 University Center | Webb Room
 CSA Core 3 | LT Elective | 6 CE Credits



Workshop Description

The morning will focus on crucial aspects of the therapeutic environment that lead to successful treatment of child sexual abuse, regardless of theoretical approach or technique. Citing recent findings on brain changes after traumatic stress, management of the trauma experience in therapy will be discussed, with a particular emphasis on the role of dissociation. Case vignettes will be presented to illustrate these points. The afternoon panel of clinicians with specialized training in different techniques will compare these techniques to further elucidate how to bring about healing and health in the recovery process.

This is the Core Knowledge Part 3 for the Child Sexual Abuse Treatment Certificate and applies as an elective to the Loss and Traumatic Stress Certificate



Objectives

Participation in this program will allow you to:

- Create a comforting environment that encourages sharing.
- Promote and model boundaries that ensure a sense of safety.
- Observe the impact of betrayal on the client's relationships, both in the therapy and in the larger world.
- Recognize the importance of educating clients about the dynamics of sexual abuse and personal safety.
- Discuss recent developments which have impacted the treatment of childhood sexual abuse.
- Identify ways to prevent vicarious trauma for therapists.

6 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

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The Core Knowledge of Early Childhood Mental Health

Elizabeth Bogado Briganti, PsyD

Friday, November 19, 2010 9:00am-4:00pm

University Center | Webb Room

ECMH Core 2 | LT Elective | CSA Elective | 6 CE Credits



Workshop Description

This content-rich workshop provides participants with a comprehensive introduction to the research and knowledge base of the field. Practice-relevant topics will include attachment theory and its applications and the research on infant temperament and how it can guide parenting decisions. Finally, we will explore the fascinating research on brain development, how stress & trauma affect brain development, and how to support growth in young children.

This workshop is the Core Knowledge Part 2 for the Early Childhood Mental Health Certificate Program.* It applies as an elective to both the Loss and Traumatic Stress and the Child Sexual Abuse Treatment Certificate Programs.



Objectives

Participation in this workshop will enable you to:

- Define Infant and Early Childhood Mental Health
- Describe theories of attachment and their implications for clinical intervention
- Delineate the main temperament types and how this knowledge can inform parenting practices
- Describe brain growth and development in the early years and how stress and trauma impact child development outcomes
- Describe parent-young child psychotherapy research and practice.

6 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

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Ethical Issues in Group and Family Therapy

Linda Knauss, PhD

Friday, December 3rd, 2010 9:00am-12:00pm
 University Center | Webb Room
 LT Foundation | CSA Elective | 3 CE Credits



Workshop Description

Psychotherapy is most commonly conceptualized as one therapist and one client. However, the ethical challenges of multi-person therapies, such as couple, family, and group treatments, differ from those found in individual therapy. The many-to-one relationships with the therapist and with each other is just one reason for this complexity. Often, the very factors that are the most powerful to create change in therapy with groups or families are also the most ethically risky processes. Several areas of ethics that are especially problematic in family and group therapy are not covered by specific standards in the APA Ethics Code. For example, therapist values may play a significant role in family treatment strategies. This workshop will focus on both the most common as well as the less common ethical problems in multi-person therapy including: competence, informed consent, collaterals, confidentiality, domestic abuse, boundaries, combined individual and group therapy, record keeping, billing, and ethical issues with high conflict families.



Objectives

Participation in this program will enable you to:

- Identify and respond appropriately to ethical and risk management issues in group and family therapy.
- Competently address values, collaterals, boundaries, and secrets in family and group therapy.
- Anticipate and resolve ethical challenges in your practices.

3 CE credits will be offered to participants completing post-workshop forms. This workshop satisfies Pennsylvania ethics requirement for psychologists. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

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**Lions and Tigers and Bears:
 The Multi-Systems Complexity of
 Child Sexual Abuse**

**Anthony Goldsmith, MA,
 Mary Hove, MS, and Panel**

Friday, December 10, 2010 9:00am-4:00pm
 University Center | Webb Room
 CSA Core 4 | LT Elective | 6 CE Credits



Workshop Description

Techniques to use with a child who discloses abuse will be reviewed, with an emphasis on encouraging expression while not leading the child, and ways to avoid questions that may contaminate an investigation. Child protective service (CPS) reporting scenarios will be used for illustration. The roles of various entities in child sexual abuse will be delineated, including those of family members who face crises of their own. Parents who have experienced this trauma are included to help enhance the framework for healing. The unique intersystem coordination in Delaware County, PA allows us to bring together a panel from child welfare and the legal system for a lively and spirited discussion of the issues around investigation and prosecution.

This is the Core Knowledge Part 4 for the Child Sexual Abuse Treatment Certificate and applies as an elective to the Loss and Traumatic Stress Certificate.



Objectives

Participation in this workshop will enable you to:

- Explore the role of therapist bias in sexual abuse disclosure.
- Differentiate therapist and CPS investigator roles.
- Incorporate techniques that enhance a child's comfort level and promote the child's ability to give a report.
- Describe the prevalence and effects of denial on nuclear and extended family relationships.
- Understand the importance of group support for non-offending caretakers
- Identify the roles of child protective services, criminal investigation, prosecution, and probation.
- Recognize the importance of collaboration and relationships with the various systems involved in CSA.

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Directions to Widener University

Widener University is conveniently located just south of the airport and only a block off of I-95 (Exit 6). Comprehensive directions, and printable campus and parking maps are available on our website at www.postgraduatecenter.org.

- From Philadelphia: Take I-95 South to I-476 North and MacDade Boulevard. Follow the Widener University sign (turn right off the exit). MacDade Boulevard will become East 22nd Street. Turn left onto Providence Avenue, Route 320 South. Follow the Widener University sign. Turn left onto East 14th Street into the main entrance of the university. University Center is located on 14th Street. (There are small parking lots and street parking nearby.)
- From Delaware: Follow I-95 North to Exit 6 (Routes 320 and 352) in Pennsylvania (not Delaware). At first traffic light, turn left over bridge. Bear right at fork on other side of bridge. Go to first traffic light and turn right onto East 14th Street into the main entrance of the university. The University Center is located on 14th Street. (There are small parking lots and street parking nearby).
- From Central New Jersey: Take NJ Turnpike South to Exit 2. Proceed on Route 322 West across the Commodore Barry Bridge. Follow signs for I-95 North and Philadelphia to I-95 North. (See "From Delaware" directions above.)
- From Southern New Jersey: Take the Atlantic City Expressway to I-295 South to Commodore Barry Bridge. Thereafter, follow instructions from Central New Jersey.

You may park in any legally marked spot you find. If you are mistakenly ticketed while attending a workshop, let us know. Widener is a small, intimate campus with ample parking. Most buildings are within a four-block radius, making parking and walking to your desired location fast and easy.



Things to Remember

- Please arrive at Widener 30 minutes before the workshop begins to allow time to find parking, walk to the meeting room, use the restroom, sign in, get some food, and settle in.
- For your convenience, coffee, tea, water and bagels will be provided during the morning session. Lunch is not provided, but there are several options nearby (see below).
- Dress in layers so that you can regulate your comfort level.
- As a courtesy to our speakers and other audience members, please silence all cell phones, beepers, and pagers.
- Certificates of attendance will be given out at the end of each program. In compliance with APA requirements, participants must be present for the entire program to receive CE credits.
- In compliance with APA requirements, if you are requesting CE credits, you must complete a demographic and evaluation form in order to receive a certificate of attendance. Your honest feedback is appreciated; both the presenters and the Post-Graduate Center will use them for improvement.
- We hope that your experience is a good one. If you would like to discuss any concerns, complaints or make any suggestions, contact Antoneal Swaby at the Post-Graduate Center via phone at 610.499.1083 or e-mail at clinicalpsychologypgc@mail.widener.edu.



Places to Eat

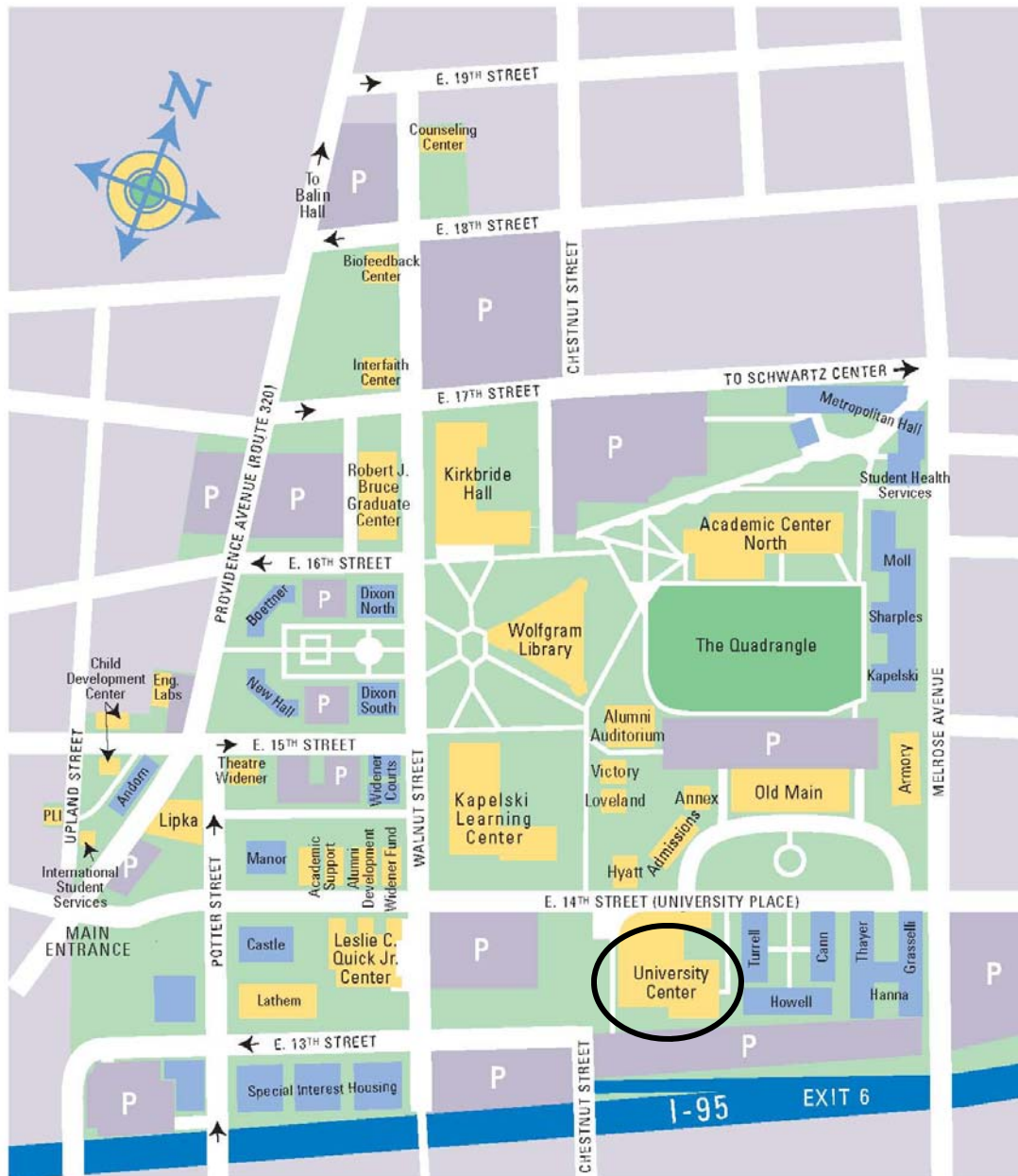
- The *Real Food on Campus* kiosk, located inside University Center near the entrance, offers sandwiches, salads, bottled water, juice, soda, and snacks.
- The *Student Dining Hall*, located around the corner from the kiosk, offers an all-you-can-eat lunch menu.
- The *MacStreet Grill* is on the lower level of University Center and offers sandwiches and convenience store items.
- *Quiznos* offers a selection of sandwiches and entrees and is located on the lower level of University Center.
- There is both a deli and a Chinese take-out store on Providence Avenue between 16th and 18th Streets.
- There is a *WAWA* convenience store with a deli on 22nd Street near 476.



The Post-Graduate Center
 Institute for Graduate Clinical Psychology
 Widener University
www.postgraduatecenter.org

Cultivating Ideas.

Widener University Campus/Parking Map



P = Parking

All Fall 2010 workshops will be held in the Webb Room in University Center on East 14th St (University Place).
 Program facilities meet American Disabilities Association standards.

The Post-Graduate Center
 Institute for Graduate Clinical Psychology, Widener University
 One University Place, Chester, PA 19013-5792
 tel: 610-499-1083 | fax: 610-499-4625 | clinicalpsychologypgc@mail.widener.edu
www.postgraduatecenter.org

Fall 2010 Registration Form

- 09.24.10 Introduction to Early Childhood Mental Health ECMH Core 1
ECMH | LT | CSA
Chiara Nuzzo, PhD
- 10.22.10 Posttraumatic Stress Following Medical Stressors: Topographical and Individual Factors Related to Adjustment LT | CSA
Bret Boyer, PhD
- 11.12.10 The Heart of the Matter, Concepts and Techniques of Child Sexual Abuse Psychotherapy CSA Core 3
LT | CSA
Constance Pelesh, MS, LPC
- 11.19.10 The Core Knowledge of Early Childhood Mental Health ECMH Core 2
ECMH | LT | CSA
Elizabeth Bogado Briganti, PsyD
- 12.03.10 Ethical Issues in Group and Family Therapy LT Ethics
LT | CSA
Linda Krauss, PhD
- 12.10.10 Lions and Tigers and Bears: Multi-Systems Complexity of Child Sexual Abuse CSA Core 4
LT | CSA
Anthony Goldsmith, MA, Mary Hove, MS
- LT Counts towards Loss and Traumatic Stress Certificate Program
CSA Counts towards Child Sexual Abuse Treatment Certificate Program
ECMH Counts towards Early Childhood Mental Health Certificate Program

Note: Foundation/Core workshops for one certificate program cannot be applied to another certificate program.

<u>Fees (per workshop):</u>	Full Day (6 Credits)	Half Day* (3 Credits)
Professionals	\$130	\$70
Widener Alumni	\$120	\$65
Alumni Chapter Members	\$110	\$60
Early Career Professionals (up to 2 years post graduation)	\$ 85	\$50
Full-Time Students	\$ 45	\$25
Widener Students	\$ 25	\$15

* Generally, mornings lay the groundwork, while afternoons emphasize practical applications. Afternoons build on morning foundations; there is no "afternoon only" option.

Registration:

	Full day	Morning	Amount
09.24 Intro ECMH	<input type="checkbox"/>	<input type="checkbox"/>	_____
10.22 Posttraumatic Stress	<input type="checkbox"/>	<input type="checkbox"/>	_____
11.12 Heart of the Matter	<input type="checkbox"/>	<input type="checkbox"/>	_____
11.19 Core knowledge ECMH	<input type="checkbox"/>	<input type="checkbox"/>	_____
12.03 Ethical Issues (Workshop only available in the morning)	<input type="checkbox"/>	<input type="checkbox"/>	_____
12.10 Lions & Tigers & Bears	<input type="checkbox"/>	<input type="checkbox"/>	_____
Grand total:		\$	_____

**** All workshops are held in the Webb Room, University Center****

Certificate Programs

To register for any of our Certificate Programs, and access up-to-date information on our CE workshops, visit our website at www.postgraduatecenter.org

Name/Degree: _____
Print Clearly or Type

Address: _____

City, State, Zip: _____

Phone (day): _____

E-mail Address: _____

I will be applying for:

CE Credits:

Form of Payment

Check or Money Order (enclosed, payable to *Widener University*)

Credit Card: Visa MasterCard

Name as it appears on the card: _____

Acct #: _____ Exp date: _____

Signature (necessary for processing) _____

Registration must be accompanied by check, money order, or credit card payment. We cannot take credit card payment over the phone as we need a signature in order to process your card. Please mail or fax your registration prior to the workshop to:

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PLEASE NOTE: There is an additional \$10.00 fee to register for workshops onsite. Confirmation of registration will not be sent. Disclosure: There are no known commercial supports or other potential conflicts of interest related to the CE programs.

Policy notes: You may transfer 100% of your registration fee to another program within the 2009-2010 Continuing Education Workshop schedule, provided you notify the Post-Graduate Center at least **7 days** prior to the workshop. Participants who cancel a course and do not apply their fee to another program will be granted a 50% refund. Participants who do not advise the Post-Graduate Center office in advance of their absence or notify us less than **7 days** prior to the workshop for which they are registered will forfeit 100% of their fee. The Post-Graduate Center reserves the right to substitute an appropriate speaker for a given program without notice in the event of rare extenuating circumstances. If a program must be cancelled by the Post-Graduate Center due to inclement weather or other unforeseen circumstance, full refunds will be granted. There is a \$10 fee to replace lost or stolen CE certificates.