



**The Post-Graduate Center**  
Institute for Graduate Clinical Psychology  
Widener University  
[www.postgraduatecenter.org](http://www.postgraduatecenter.org)

*Cultivating Ideas.*

## Spring 2012 Workshops

To Register, please visit  
[www.widenerconferences.com](http://www.widenerconferences.com)



Friday, January 13th, 2012  
**Early Childhood Assessment**  
*Judith Silver, PhD*  
9:00am-4:00pm University Center | Room C  
ECMH Core 3 | 6 CE Credits



Friday, February 3rd, 2012  
**Foundations of Healthy Sexuality: Clinical Care for Survivors of Childhood Sexual Abuse**  
*Brent Satterly, PhD, LCSW, CSE*  
9:00am-4:00pm University Center | Webb Room  
CSA Core 1 | 6 CE Credits



Friday March 16th, 2012  
**Dyadic Treatment: Supporting Parent-Young Child Interactions**  
*Chiara Nuzzo, PhD*  
9:00am—4:00pm University Center | Webb Room  
ECMH Core 4 | 6 CE credits



Friday, March 30th, 2012  
**The Wisdom of the Body: Body-Based Approaches in Psychotherapy**  
*Sara Moore-Hines, LPC, NCC, MCAT, BC-DMT*  
9:00am-12:00pm University Center | Webb Room (3 credits)

**Mindfulness-Based Interventions: Scope, Effectiveness, Future**  
*Frank Masterpasqua, PhD*  
1:00pm-4:00pm University Center | Webb Room (3 credits)  
CSA Elective | Total of 6 CE Credits (**MUST ATTEND BOTH WORKSHOPS TO RECEIVE ELECTIVE CREDIT**)



Friday, May 4th, 2012  
**An Ecosystemic Understanding of Child Sexual Abuse**  
*Anthony Goldsmith, MA*  
9:00am-4:00pm University Center | Webb Room  
CSA Core 2 | 6 CE Credits



Friday May 18th, 2012  
Introduction to DC: 0-3R, Developmentally Based Diagnosis of the Mental Health and Developmental Disorders in Infancy and Early Childhood  
*Molly Romer Witten, PhD*  
9:00am—4:00pm University Center | Webb Room  
ECMH Elective | 6 CE credits

CSA = Applies to the Child Sexual Abuse Treatment Certificate Program  
ECMH = Applies to the Early Childhood Mental Health Certificate Program

**Individuals do not need to be enrolled in a certificate program to participate in these workshops.**

Note: **Mandatory Foundation/Core Knowledge** workshops required for one certificate program cannot be applied to another certificate program. Electives can be credited towards certificates, provided they are designated as applying to each certificate program. (See brochure description for each workshop).

**Continuing education credits** will be offered to participants completing post-workshop forms. The Institute for Graduate Clinical Psychology, Widener University, is approved by the American Psychological Association to sponsor continuing education for psychologists. Widener University maintains responsibility for this program and its content.

The Center for Social Work Education of Widener University is pre-approved by the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors to offer **continuing education credits**



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## **Certificate Programs**

### **Child Sexual Abuse Treatment & Early Childhood Mental Health**



The Post-Graduate Center currently offers workshops in a series format towards three certificate programs. Participants can earn a certificate of completion in:

- **C h i l d   S e x u a l   A b u s e   T r e a t m e n t**
- **E a r l y   C h i l d h o o d   M e n t a l   H e a l t h**

The Child Sexual Abuse Treatment Certificate is sponsored by **The Post-Graduate Center** in collaboration with the **Center for Social Work Education** at Widener University and **Family Support Line**.

The series format allows for a greater depth of training in a chosen area of study than is typically available in half-day or single-day programs. The interplay between the workshops in the Loss and Traumatic Stress track and Child Sexual Abuse Treatment track allows some\* programs to be credited to both certificates.

Our pledge is to continue to create workshops that provide accessible information to busy practitioners. All programs include multiple teaching methods, such as treatment videos, case presentations, role plays, group exercises, in vivo explorations of therapeutic techniques, and/or interactive discussions. In addition, each workshop is accompanied by handouts and suggestions for further reading.



#### **M a x i m u m   F l e x i b i l i t y**

- Although these workshops are part of a series leading to a certificate, each program is also designed to stand alone, enabling participants to pursue specific topics of interest.
- Most full-day program morning sessions emphasize theoretical and empirical foundations, while afternoon sessions emphasize clinical applications. Participants may register for the full day or just the morning.
- While the programs are designed for mental health clinicians, educators and other human service professionals are welcome to attend individual workshops on topics that apply to their work.



#### **C o n t i n u i n g   E d u c a t i o n   C r e d i t s**

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## **Child Sexual Abuse Treatment Certificate Program**

The Child Sexual Abuse Treatment Certificate is sponsored by **The Post-Graduate Center** in collaboration with the **Center for Social Work Education** at Widener University and **Family Support Line**.



### **P r o g r a m   O v e r v i e w**

Treating a child sexual abuse survivor can be daunting and scary. This certificate program will give you the tools to feel comfortable and confident in handling these cases. To receive a Certificate of Completion, a participant must complete 36 CE credits through the Child Sexual Abuse Treatment Certificate Program. This includes four required core knowledge courses and two electives that may be taken within a 12-24 month period. Core knowledge courses are offered once annually and electives are offered throughout the year. Participants may begin at any time in the program cycle. Workshops may be attended independently by those not wishing to receive a certificate.



### **P r e r e q u i s i t e   f o r   t h e   C e r t i f i c a t e   P r o g r a m**

- Mental health professionals with at least a master's degree



### **P r o g r a m   F o r m a t   a n d   B e n e f i t s**

- 36 CE credits of approved workshops
- Completion in 12 to 24 months
- Includes 4 Core Knowledge Seminars\* and 2 electives



### **R e q u i r e d   c o r e   k n o w l e d g e   a r e a s :**

- Foundations of healthy sexuality (Spring)
- Ecology of child sexual abuse (Spring)
- Concepts and techniques of child sexual abuse psychotherapy (Fall)
- Multi-systems complexity of child sexual abuse (Fall)

The full-day plenary session at the Annual Treating Child Sexual Abuse: Opening Pandora's Box conference counts as an elective towards this certificate program.



### **T h i s   C e r t i f i c a t e   P r o g r a m   e n a b l e s   p a r t i c i p a n t s   t o :**

- Gain a significant knowledge base for treatment.
- Understand the bi-directional influences of child sexual abuse.
- Develop increased sensitivity and confidence in handling the complex dynamics of child sexual abuse.
- Recognize vicarious trauma and learn self-care strategies.
- Learn to apply perspectives and techniques to clinical work.

\*Mandatory/Core Knowledge workshops for one certificate program cannot be applied to another certificate program. ).

To register for the Child Sexual Abuse Treatment Certificate Program, please complete the Certificate Program Participation Form located on our website ([www.postgraduatecenter.org](http://www.postgraduatecenter.org)) or contact Blaine Wilson at [clinicalpsychologypgc@mail.widener.edu](mailto:clinicalpsychologypgc@mail.widener.edu).



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**Early Childhood Mental Health  
Certificate Program**



**Program Overview**

The Early Childhood Mental Health Certificate Program is a 12 to 24-month continuing education experience for the variety of professionals already in the early childhood-family field and for those with advanced mental health degrees desiring to expand their services to families with young children. Group learning, mentorship and networking experiences provide theoretical and applied content, immersion in a community of providers, and guidance in applying new learning to current practice. Certificate program faculty are experts in early childhood mental health and are currently supervising programs or providing clinical services to young children. A certificate of completion is awarded to those who participate in all program components. Psychology, nursing, and social work CEU's are provided.



**Prerequisites for the Certificate Program**

- Mental health professionals with at least a master's degree and a current license in good standing. Current or intended future practice includes assessment and treatment services to families with infant, toddler and preschool-aged children
- Mental health support staff with associates or bachelors degrees currently working in home or center-based programs to support parenting and the behavioral development of young children.
- Early intervention and early childhood education professionals (including teachers, speech-language pathologists, and occupational & physical therapists) with at least a bachelor's degree desiring to increase their capacity to work with families to support the social-emotional wellness of young children.
- Pediatric professionals, including nursing home visitors, who desire to increase their capacity to work with families to support the social-emotional wellness of young children.



**Program Format and Benefits**

- Completion in 12 to 24 months
- Begins September of each year
- Completion of 5 Core Knowledge Workshops\* (30 CE credits total)
- Participation in Group Learning, Mentorship, Networking and Program Gathering components of program
- Faculty are experts in early childhood mental health and currently practicing in the field
- Early Childhood Mental Health Certificate of Completion



**This Certificate Program enables participants to:**

- Gain an introduction to the field of early childhood mental health and infant-family practice
- Build one's knowledge of the practice-relevant content and theory of the field.
- Gain an introduction to early childhood screening and assessment best practices
- Build one's knowledge of early childhood treatments and services, including parent-child dyadic intervention
- Engage in group reflective practice experiences
- Obtain guidance in applying new learning to current or future practice.
- Immerse themselves in a community of early childhood mental health providers

\*Early Childhood Mental Health workshops may be credited towards other certificate programs as electives provided they are designated as applying to each certificate program (See brochure description for each workshop).

To register for the Early Childhood Mental Health Certificate Program, please review our schedules and fees and then complete the Certificate Program Participation Form located on our website ([www.postgraduatecenter.org](http://www.postgraduatecenter.org)) or contact Blaine Wilson at [clinicalpsychologypgc@mail.widener.edu](mailto:clinicalpsychologypgc@mail.widener.edu).



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**Spring 2012 Program Faculty**



**Judith Silver, PhD**

is a licensed psychologist with over 30 years of experience in the assessment of high-risk infants, toddlers, and children under 5, including those with medical and developmental conditions and those who have experienced significant neglect and abuse. A graduate fellow of ZERO TO THREE, she has served as a mental health consultant to Head Start and Early Head Start programs, and directed psychological services in pediatric neurodevelopmental and neonatal follow-up assessment programs. Dr. Silver founded a pediatric interdisciplinary evaluation program for infants and toddlers involved with the child welfare system and has numerous publications regarding this population. Her areas of expertise include early childhood assessment of development and mental health (including interdisciplinary models) and the assessment of young children placed in foster care.



**Brent A. Satterly, PhD, LCSW**

is an Assistant Professor and the Director of the BSW Program in Widener University's Center for Social Work Education. With over 15 years clinical experience, Dr. Satterly is a Licensed Clinical Social Worker in the state of Pennsylvania and a Certified Sexuality Educator through the American Association of Sexuality Educators, Counselors, and Therapists. His areas of expertise include clinical work with Gay, Lesbian, Bisexual and Transgender (GLBT) populations, GLBT professional identity management, human sexuality and social work pedagogies, and HIV/AIDS. His published works have appeared in the Journal of Social Work Education, Teaching in Social Work, the Journal of Gay and Lesbian Social Services and Families in Society.



**Sara Moore-Hines, LPC, NCC, MCAT, BC-DMT**

Is a graduate of Swarthmore College and received her master's degree in Creative Arts Therapy with an advanced specialty in Dance/Movement Therapy (D/MT) from Hahnemann Medical College and Hospital Graduate School (Drexel University). She was formerly clinical director of Women Against Rape in Delaware County, PA. Sara has been in private practice for over 30 years, specializing in the integration of verbal therapy with body-based therapies and practices. She has been affiliated with Family Support Line for 10 years, as a Therapist for the Therapy Network Program.



**Frank Masterpasqua, PhD**

is a professor at Widener's Institute for Graduate Clinical Psychology and a licensed psychologist. He has coordinated graduate seminars in mindfulness-based practice for fifteen years and increasingly employs mindfulness in his supervision and own practice.



**Anthony Goldsmith, MA, BCETS**

is a licensed psychologist with over 30 years of experience in the mental health field. In addition to his present position as Clinical Director with Family Support Line, he has an active private practice of psychotherapy with children and families. His areas of specialty include recovery from trauma and sexual abuse, evaluation, and treatment. Past professional experiences include clinical and administrative positions in foster care, community mental health, and sexual abuse treatment. He is the former Chief Operating Officer of the Joseph J. Peters Institute in Philadelphia. Mr. Goldsmith is also a member of the Pennsylvania Psychological Association and is a Board Certified Expert in Traumatic Stress.



**Chiara Nuzzo, PhD**

is a licensed psychologist and a mental health consultant for early childhood-family programs in Philadelphia. Dr. Nuzzo is the founding president of the Delaware Valley Group/World Association of Infant Mental Health and is a graduate fellow of ZERO TO THREE. She coordinates The Post-Graduate Center's certificate program in Early Childhood Mental Health.



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## **Spring 2012 Workshops**

Continuing Education Workshops



**Early Childhood Assessment**  
**Judith Silver, PhD**

Friday, January 13th, 2012 9:00am-4:00pm

University Center | Room C

ECMH Core 3 | 6 CE Credits

To Register: [www.widenerconferences.com](http://www.widenerconferences.com)



### **Workshop Description**

The assessment of infants, toddlers and preschool age children is distinctive from that of older children in a number of ways. It requires a developmental perspective, multidisciplinary input, a multigenerational perspective, and is prevention-oriented. Practitioners need to be mindful of cultural issues that influence child and family functioning. Discussion will focus on observation of play and interpersonal interactions in conjunction with evidence-supported measures. Engaging parents and staff and providing meaningful feedback will be also be addressed.

This is the Core Knowledge 3 for the Early Childhood Mental Health Certificate and **does not** apply as an elective for the Childhood Sexual Abuse Treatment Certificate.



### **Objectives**

Participation in this program will allow you to:

- Use the definition of early childhood mental health as a conceptual foundation for conducting assessments
- Understand the interface of biological and contextual factors in young children's social-emotional functioning and the need for multidisciplinary collaboration
- Identify key factors in conducting culturally effective assessments
- Discuss how to support social-emotional development through ongoing screening and observation
- Identify an age-appropriate diagnostic system.

6 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University Maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

CSA = Applies to the Child Sexual Abuse Treatment Certificate Program  
 ECMH = Applies to the Early Childhood Mental Health Certificate Program

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## **Spring 2012 Workshops**

### **Continuing Education Workshops**



**Foundations for Healthy Sexuality:  
 Clinical Care for Survivors of  
 Childhood Sexual Abuse**  
**Brent Satterly, PhD, LCSW**

Friday, February 3rd, 2012 9:00am-4:00pm

University Center | Webb Room

CSA Core 1 | 6 CE Credits

**To Register:** [www.widenerconferences.com](http://www.widenerconferences.com)



### **Workshop Description**

Human sexuality is one of the basic foundations for life. From before birth, individuals are sexed, gendered and bombarded with messages about who they are, who they should be and how they are expected to behave. Because sexuality is one of the central and organizing components of the human experience, sexual trauma in childhood can be especially problematic and debilitating for adults and children. This program will provide a comprehensive strengths-based model of human sexuality and development as a foundation for sound clinical care of survivors of childhood sexual abuse. Helping survivors re-assess, reclaim, and re-norm their sexuality as part of their healthy personhood will be addressed.

This workshop is the Core Knowledge Part 1 for the Child Sexual Abuse Treatment Certificate Program.\* Participants do not need to be enrolled in a certificate program to attend this workshop.



### **Objectives**

Participation in this program will enable you to:

- Identify three primary dimensions (Circles) of a comprehensive model of healthy human sexuality.
- Identify at least three areas of healthy human sexuality in your formal sexuality education.
- Understand how counter-transference can influence clinical decisions about healthy sexual development in children.
- Identify three healthy sexuality messages that can be sent in three stages of childhood development.
- Identify how an understanding of healthy sexuality provides a clinical foundation for survivors of sexual trauma.
- Apply clinical skill sets by analyzing clinical vignettes of survivors of childhood sexual abuse.

6 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

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## Spring 2012 Workshops

### Continuing Education Workshops



### Dyadic Treatment: Supporting Parent-Young Child Interactions

Chiara Nuzzo, PhD

Friday, March 16th, 2012 9:00am-4:00pm

University Center | Webb Room

ECMH Core 5 | 6 CE Credits

To Register: [www.widenerconferences.com](http://www.widenerconferences.com)



### Workshop Description

Parent-young child dyadic intervention is the process of supporting caregiving relationships to further a young child's development and well-being. During this workshop we will learn about the research base for dyadic treatment, review the fundamental beliefs underlying early childhood treatment, and identify the key aspects of adult-young child interactions that promote wellness and development. The afternoon will be devoted to intensive, hands-on practice with a method for observing and coaching interactions between a parent and their infant, toddler, and preschool-aged child.

This workshop is the Core Knowledge Part 5 for the Early Childhood Mental Health Certificate Program and **does not** apply as an elective for the Childhood Sexual Abuse Treatment Certificate.



### Objectives

Participation in this workshop will enable you to:

- Learn the fundamentals of early childhood treatment
- Review the research base for parent-child dyadic treatments
- Identify various approaches to working with the parent-young child dyad
- Identify key behaviors for observation
- Using video and role-playing, learn a strategy for supporting parent-child interactions

6 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

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## Spring 2012 Workshops

### Continuing Education Workshops



### The Wisdom of the Body: Body-Based Approaches in Psychotherapy

Sara Moore-Hines, LPC, NCC, MCAT, BC-DMT

Friday, March 30th, 2012 9:00am-12:00pm

University Center | Webb Room

CSA Elective | 3 CE Credits (**MUST ATTEND AFTERNOON WORKSHOP TO RECEIVE ELECTIVE CREDIT for CSA CERTIFICATE**)

To Register: [www.widenerconferences.com](http://www.widenerconferences.com)



### Workshop Description

"It is the body that often becomes the battleground thru which the trauma gets re-enacted ... PTSD symptoms can be observed in the body" (Bessel Van der Kolk, MD)

Mental health experts increasingly realize that trauma survivors have experienced trauma to both their minds and bodies. Thus, it is essential that treatment approaches for trauma include an understanding of the role of the body. This is an interesting era to be a clinician, since there is currently professional cross-pollination taking place among multiple disciplines, including psychology, neuroscience, and the arts.

In this context, Sara Moore-Hines shares perspectives on the Mind/Body connection as it applies to both trauma, developmental, and attachment treatment issues. She introduces concepts of dance/movement therapy, one of the creative arts therapies, by focusing on theory, movement assessment, and movement-based interventions. Moore-Hines pulls insight from additional body-based traditions such as Sensorimotor Psychotherapy, Tai Chi, and Breema Bodywork.

This thought-provoking work will provide useful body-based ideas and clinical strategies for professionals. It will appeal to those who have an interest in learning about integrated mind-body approaches. This workshop will be both didactic and experiential. Please note that the 'Movement Experientials' are encouraged but are optional and require no prior experience.

This workshop applies as an elective for the Child Sexual Abuse Certificate Program.\* Participants do not need to be enrolled in a certificate program to attend these workshops..



### Objectives

Participation in this workshop will enable you to:

- Identify aspects of the origins and development of the profession of Dance/Movement Therapy (D/MT)
- Describe aspects of D/MT theory, movement assessment, and intervention approaches
- Increased understanding of the neurological underpinnings of D/MT, in the context of trauma and attachment issues
- Engage in (or choose to witness) selected Movement Experientials to increase your awareness of how the body and movement approaches benefit you as well as your clients

3 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

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Continuing Education Workshops



**Mindfulness - Based  
Interventions: Scope, Effectiveness,  
and Future**

**Frank Masterpasqua, PhD**

Friday, March 30th, 2012 1:00pm-4:00pm

University Center | Webb Room

CSA Elective | 3 CE Credits (MUST ATTEND MORNING WORKSHOP TO RECEIVE  
**ELECTIVE CREDIT for CSA CERTIFICATE**)

To Register: [www.widenerconferences.com](http://www.widenerconferences.com)



**Workshop Description**

Mindfulness has been practiced for thousands of years, and is now becoming integral to modern clinical psychology. After a brief history of the ancient and contemporary roots of mindfulness, this workshop will be devoted to describing the current manifestations of mindfulness-based practice including: mindfulness-based stress reduction, mindfulness-based cognitive therapy, acceptance and commitment therapy, dialectical behavior therapy, as well as psychodynamic therapy. Mechanisms common to these approaches will be discussed. One common theme is “therapeutic presence”, and the importance of mindfulness practice for clinicians will be emphasized. Recent outcome research will then be reviewed and discussed. Finally, we will discuss the future of mindfulness in the context of other positive psychological interventions, e.g., compassion-focused therapy, and the “broaden and build” model.

This workshop applies as an elective for the Child Sexual Abuse Certificate Program.\* Participants do not need to be enrolled in a certificate program to attend these workshops.



**Objectives**

Participation in this program will enable you to:

- Describe the history and current breadth of mindfulness-based interventions
- Outline preliminary description of the current mindfulness-based approaches
- Provide an overview of outcome research assessing the effectiveness on mindfulness-based interventions,
- Outline possible mechanisms by which mindfulness functions
- Offer future possible theoretical and clinical manifestations of mindfulness-based interventions, e.g. compassion-focused therapy, the broaden and build model of psychotherapy

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### **An Ecosystemic Understanding of Child Sexual Abuse**

**Anthony Goldsmith, MA**

Friday, May 4th, 2012 9:00am-4:00pm  
University Center | Webb Room  
CSA Core 2 | 6 CE Credits  
To Register: [www.widenerconferences.com](http://www.widenerconferences.com)



#### **Workshop Description**

Child sexual abuse treatment is a specialized therapeutic approach to the traumatic symptoms that are caused by the experience of being molested. To fully understand the nature of child sexual abuse and its treatment, it is necessary to clearly define what it is (and isn't), the legal aspects of child sexual abuse, and how prevalent the problem is in our society. A broader look will include a review of the psychology of offenders, the interaction between offenders and victims, and how that interaction informs approaches to treatment of children and adults who are survivors of sexual abuse. Defining treatment goals, along with methods to reach those goals, will be discussed. Finally, the impact on the therapist of engaging in child sexual abuse treatment will be examined.

This is the Core Knowledge Part 2 for the Child Sexual Abuse Treatment Certificate.



#### **Objectives**

Participation in this workshop will enable you to:

- Give definitions of child sexual abuse from three standpoints: legal, psychological, societal.
- Understand the dynamics of child sexual abuse as the interaction between abused and offender .
- Describe how the offender's thinking and action impact the abused and thereby makes recovery difficult.
- Define the goals of treatment of an abused person and some treatment methods that are effective.
- Have greater awareness of the impact of working with CSA on ourselves as therapists.
- Identify ways to be more involved in treating CSA successfully in your own practice.

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**Introduction to DC: 0-3 R**  
**Developmentally Based Diagnosis**  
**of the Mental Health and**  
**Developmental Disorders in**  
**Infancy and Early Childhood**  
**Molly Romer Witten, PhD**

Friday, May 18th, 2012 9:00am-4:00pm  
 University Center | Webb Room  
 ECMH Elective | 6 CE Credits  
 To Register: [www.widenerconferences.com](http://www.widenerconferences.com)



**Workshop Description**

Visiting scholars and practitioners present on cutting-edge research and practice in early childhood mental health.  
 Examples:

- DC0-3 Diagnostic Classification
- Child-Parent Psychotherapy
- Fussy Baby Clinic
- Newborn-parent interventions

This workshop is the Elective for the Early Childhood Mental Health Certificate Program and **does not** apply as an elective for the Childhood Sexual Abuse Treatment Certificate.



**Objectives**

Participation in this workshop will enable you to:

- Build an understanding of how each of the six service areas contributes to the interdisciplinary field of early childhood mental health
- Become familiar with the theory and research that supports each service area
- Learn about best practices in each service area.
- Describe how prevention, promotion and intervention services work together to promote early childhood mental health
- Describe “reflective practice” and how it aids the early childhood mental health practitioner across specialties

6 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University Maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

CSA = Applies to the Child Sexual Abuse Treatment Certificate Program  
 ECMH = Applies to the Early Childhood Mental Health Certificate Program

Individuals do not need to be enrolled in a certificate program to participate in this workshop.

The Post-Graduate Center  
 Institute for Graduate Clinical Psychology, Widener University  
 One University Place, Chester, PA 19013-5792  
 tel: 610-499-1083 | fax: 610-499-4625 | [clinicalpsychologypgc@mail.widener.edu](mailto:clinicalpsychologypgc@mail.widener.edu)  
[www.postgraduatecenter.org](http://www.postgraduatecenter.org)



# The Post-Graduate Center

## Institute for Graduate Clinical Psychology

### Widener University

[www.postgraduatecenter.org](http://www.postgraduatecenter.org)

*Cultivating Ideas.*



## Directions to Widener University

Widener University is conveniently located just south of the airport and only a block off of I-95 (Exit 6). Comprehensive directions, and printable campus and parking maps are available on our website at [www.postgraduatecenter.org](http://www.postgraduatecenter.org).

- From Philadelphia: Take I-95 South to I-476 North and MacDade Boulevard. Follow the Widener University sign (turn right off the exit). MacDade Boulevard will become East 22nd Street. Turn left onto Providence Avenue, Route 320 South. Follow the Widener University sign. Turn left onto East 14th Street into the main entrance of the university. University Center is located on 14th Street. (There are small parking lots and street parking nearby.)
- From Delaware: Follow I-95 North to Exit 6 (Routes 320 and 352) in Pennsylvania (not Delaware). At first traffic light, turn left over bridge. Bear right at fork on other side of bridge. Go to first traffic light and turn right onto East 14th Street into the main entrance of the university. The University Center is located on 14th Street. (There are small parking lots and street parking nearby).
- From Central New Jersey: Take NJ Turnpike South to Exit 2. Proceed on Route 322 West across the Commodore Barry Bridge. Follow signs for I-95 North and Philadelphia to I-95 North. (See "From Delaware" directions above.)
- From Southern New Jersey: Take the Atlantic City Expressway to I-295 South to Commodore Barry Bridge. Thereafter, follow instructions from Central New Jersey.

You may park in any legally marked spot you find. If you are mistakenly ticketed while attending a workshop, let us know. Widener is a small, intimate campus with ample parking. Most buildings are within a four-block radius, making parking and walking to your desired location fast and easy.



## Things to Remember

- Please arrive at Widener 30 minutes before the workshop begins to allow time to find parking, walk to the meeting room, use the restroom, sign in, get some food, and settle in.
- For your convenience, coffee, tea, water and bagels will be provided during the morning session. Lunch is not provided, but there are several options nearby (see below).
- Dress in layers so that you can regulate your comfort level.
- As a courtesy to our speakers and other audience members, please silence all cell phones, beepers, and pagers.
- Certificates of attendance will be given out at the end of each program. In compliance with APA requirements, participants must be present for the entire program to receive CE credits.
- In compliance with APA requirements, if you are requesting CE credits, you must complete a demographic and evaluation form in order to receive a certificate of attendance. Your honest feedback is appreciated; both the presenters and the Post-Graduate Center will use them for improvement.
- We hope that your experience is a good one. If you would like to discuss any concerns, complaints or make any suggestions, contact Blaine Wilson at the Post-Graduate Center via phone at 610.499.1083 or e-mail at [clinicalpsychologypgc@mail.widener.edu](mailto:clinicalpsychologypgc@mail.widener.edu).



## Places to Eat

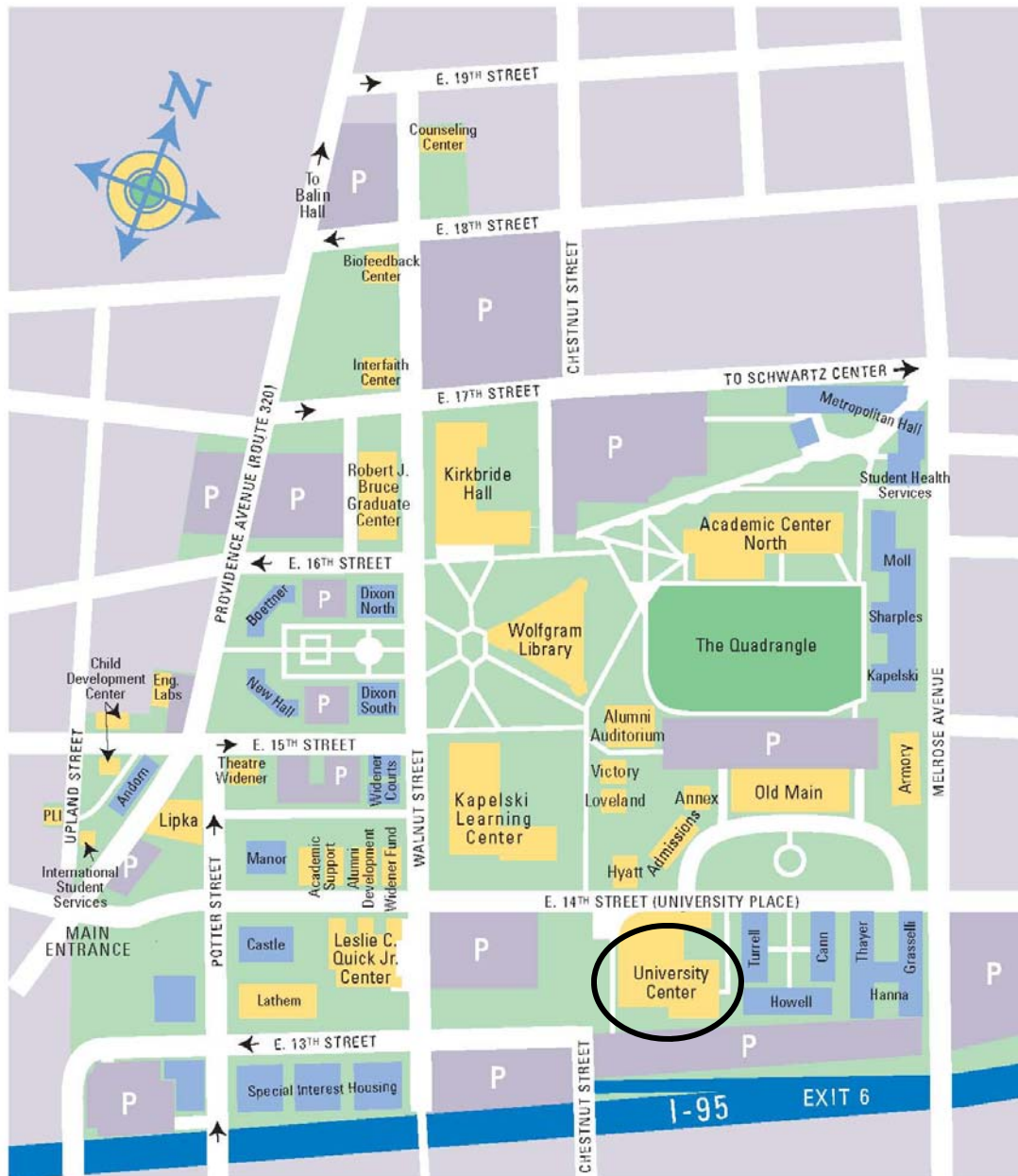
- The *Real Food on Campus* kiosk, located inside University Center near the entrance, offers sandwiches, salads, bottled water, juice, soda, and snacks.
- The *Student Dining Hall*, located around the corner from the kiosk, offers an all-you-can-eat lunch menu.
- The *MacStreet Grill* is on the lower level of University Center and offers sandwiches and convenience store items.
- *Quiznos* offers a selection of sandwiches and entrees and is located on the lower level of University Center.
- There is both a deli and a Chinese take-out store on Providence Avenue between 16th and 18th Streets.
- There is a *WAWA* convenience store with a deli on 22nd Street near 476.



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**Widener University Campus/Parking Map**



**P = Parking**

Workshops are primarily held in the Webb Room in University Center on East 14th St (University Place).  
 Program facilities meet American Disabilities Association standards.

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