



**The Post-Graduate Center**  
**Institute for Graduate Clinical Psychology**  
**Widener University**  
**www.postgraduatecenter.org**

*Cultivating Ideas.*

**Spring 2010 Workshops**  
 Loss and Traumatic Stress, Child Sexual Abuse Treatment,  
 and Early Childhood Mental Health Treatment Series



**Approaches to Treatment in the  
 Early Childhood-Family Field**

**Stephanie Heck, PhD, Panel Facilitator**

Friday, May 21st, 2010 9:00am-4:00pm  
 University Center | Webb Room  
 ECMH Core 4 | 6 CE Credits



**Workshop Description**

In this dynamic day of panel and participant discussion, we will be introduced to the variety of treatments and practitioners that support the mental wellness of young children and their families. We will learn about the role of the mental health expert within the early intervention system and how home visitors support child and family wellness. How do parenting and parent-child play groups promote child development? What kind of screening, referral, and parent education supports do pediatricians offer during well baby visits? What are best practices in mental health consultation to child care programs and in the center-based mental health treatment of toddlers and preschoolers? Our panel of direct service providers will answer these questions and more.

This workshop is the Core Knowledge Part 4 for the Early Childhood Mental Health Certificate Program and **does not** apply as an elective for the Loss and Traumatic Stress or Childhood Sexual Abuse Treatment Certificates.



**Objectives**

Participation in this workshop will enable you to:

- Build an understanding of how each of the six service areas contributes to the interdisciplinary field of early childhood mental health
- Become familiar with the theory and research that supports each service area
- Learn about best practices in each service area.
- Describe how prevention, promotion and intervention services work together to promote early childhood mental health
- Describe “reflective practice” and how it aids the early childhood mental health practitioner across specialties

**Panelists:**

Center-Based Treatment: Grace Ryder, Ph.D., Children's Crisis Treatment Center  
 Prevention Groups: Beverly Levitsky, MFT, Hall-Mercer Child & Parent Center  
 Primary Healthcare: Laurie Grant, RN, M.Ed.  
 Consultation: Stephanie Drabble, LCSW, CHOP Behavioral Health Center  
 Early Intervention: Susan Grossinger, MSW, Ken-Crest Birth to Three Services  
 Home Visiting: Dionne Mobley, Early Head Start at CHOP

6 CE credits will be offered to participants completing post-workshop forms. Widener University, The Institute for Graduate Clinical Psychology, is approved by the American Psychological Association to offer continuing education for psychologists. Widener University Maintains responsibility for the program. Widener University, The Center for Social Work Education, is approved by the Pennsylvania State Board of Social Work Examiners to offer continuing education for social workers.

LT = Applies to the Loss and Traumatic Stress Certificate Program  
 CSA = Applies to the Child Sexual Abuse Treatment Certificate Program  
 ECMH = Applies to the Early Childhood Mental Health Certificate Program

Individuals do not need to be enrolled in a certificate program to participate in this workshop.

\*Note: Mandatory/Core Knowledge workshops for one certificate program cannot be applied to another certificate program. Electives can be credited towards the LT and CSA certificates, provided they are designated as applying to both.